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Lake Panorama **TIMES**

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LAKE PANORAMA RESIDENT HELPS MONARCHS THRIVE

For the past two summers, Kelli Peters has been giving monarchs a boost.

BY SUSAN THOMPSON
Lake Panorama Times

The eastern monarch butterfly population has experienced an 80% decline over the past two decades. Causes for the population decline include loss of milkweed habitat in the spring and summer breeding ranges of the United States, loss of overwintering habitat in Mexico and extreme weather events.

Iowa is in the center of the monarch's summer breeding range, and about 40% of all monarch butterflies that overwinter in Mexico come from Iowa and neighboring states. Researchers agree the percentage of monarchs that survive in nature from egg to adulthood is less than 10%, and some believe the percentage is significantly lower.

For the past two summers, Kelli Peters has been giving monarchs a boost from her Lake Panorama home. She and her husband, John, have owned a home on the west side since 2008. Her interest in helping monarch caterpillars, which she calls cats, turn into monarch butterflies was pure accident.

"About four years ago, I was doing some yard work at my daughter's home, pulled out some weeds, and this shiny thing caught my eye," Peters says. "It was a chrysalis. I took it home and rigged up a contraption with a



Four newly released monarchs are shown on flowers planted in a pot on the Peters' deck. Photo by Kelli Peters

stick to have it hang vertically. Then I looked online to learn how to take care of it."

Peters learned it takes approximately 10 days for a monarch butterfly to emerge from the chrysalis, but she didn't know how long it had already been in that form.

MONARCHS, PAGE 4



Kelli Peters holds one of the 148 monarch butterflies she raised and released this year from her Lake Panorama home. Her T-shirt, which features monarch butterflies and the words "Monarch Whisperer," was a gift from a friend.

VOLUNTEER PROGRAM MARKS FIRST YEAR IN GUTHRIE COUNTY

Goal is to have 85 active volunteers within three years.

BY SUSAN THOMPSON
Lake Panorama Times

It's been just over a year since an organization that helps coordinate volunteer opportunities expanded into Guthrie County. The Retired and Senior Volunteer Program (RSVP) is one of the largest volunteer networks in the nation for people 55 and older.

Key funding for the program comes from a federal grant through AmeriCorps Seniors. A local sponsoring entity is needed, and the sponsor for Guthrie County is Boone County Hospital. RSVP in Boone County began in 1987. Services were expanded into Greene County in 2004 and into Guthrie County in July 2021. Mary Porter of Guthrie Center

is the Guthrie County coordinator for the program that helps senior volunteers find opportunities to help others locally, while also taking requests from those in need of assistance. The Lakeside Village, located at 2067 Highway 4, north of Panora, provides in-kind office space on the facility's fourth floor.

"For 30-plus years, I had worked full time as a ventriloquist with Suzi Q and had no intention of changing," Porter says. "Then COVID hit, and for 18 months the only programming we did was by Zoom. While on our way to a wedding in Washington state in May of 2021, I received an unexpected call asking if I would be interested in a job. I think I surprised both my husband and

myself when I said I would be interested in hearing about it."

By the time Porter got back to Iowa, she had an appointment with Michele Hull of Boone, the RSVP 55+ Volunteer Program director. Hull has been with the program since 1997 and had written the grant request that allowed the program to expand into Guthrie County.

"I got excited about this opportunity because I knew I was going to get to help seniors," Porter says.

RSVP administers several free programs. One is Adult Caregiver Respite, which matches volunteers with full-time caregivers of an adult family member or friend who cannot be left alone. Tammy Huffman of Guthrie

Center has been a full-time caregiver for her mother-in-law for the past five years. A friend of hers texted her a picture of an RSVP poster and suggested she might be able to get some help. Huffman calls the program and its volunteers a godsend.

"I have three different volunteers, all wonderful ladies, who come in two to three times each week, for two to six hours at a time," she says. "I try to fit in as many errands as I can while I have someone here. If I have to be gone during mealtime, I put food out they can offer to her. They also can remind her to take her medicines."

Huffman has some health issues

RSVP, PAGE 6



Paula Wachholtz, who lives at Lake Panorama, is involved in the RSVP+ volunteer program in two ways. This past summer, she started caring for the Lakeside Village's memory garden. In October, she became an errand buddy for a Panora resident.

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ON THE LAKE

BUTTERFLIES, NEIGHBORS AND HALLOWEEN HUMOR

BY SHANE GOODMAN
Editor and Publisher

As I edited the copy for this month's issue, I was especially interested in the monarch butterfly story and what Kelli Peters has been doing to give them a boost from her Lake Panorama home.

I recall chasing butterflies in my childhood yard and trying to catch them. It kept my friends and me busy for days. I also remember placing the caterpillars in Mason jars with twigs and leaves and marveling in the process of the cocoon building and the ultimate transformation.

You may have noticed that the butterfly population has diminished in the past few decades, with numerous causes speculated. In recent years, though, some populations have increased. We can thank people like Kelli for their efforts to reverse this. Be sure to read the story and then chase the butterflies around your yard the next time you can.

How will your neighborhood kids remember you?

I wrote about neighbors in my Daily Umbrella column recently (www.dailyumbrella.com), and I will share a portion of it here. If you are fortunate enough to have great neighbors like Jolene and I do, then you are surely smiling. But do you ever wonder what your neighbors truly think of you? If you really want to know, ask the neighbor kid. Think I am wrong? Take a walk down memory lane and think back of your younger years and the time you spent outside. You were likely more aware of the neighborhood surroundings than most adults. As such, you had a solid grasp on the temperament of the folks living near you. Which of those childhood neighbors did you really like? And which ones did you avoid? I am betting you didn't have to think long before images of certain people came to mind.

I remember the neighbor who taught me how to fly a kite. And I remember the one who threw my bicycle in the street because I had it in his driveway when he came home from work. I remember the neighbor who came across the street to help me down from a tree that I was too scared to jump from. And I remember the neighbors who never answered their doors on Beggars' Night. I remember

the neighbor who taught me how to throw a perfect football spiral. And I remember the one who yelled at my friends and me to shut up when we were playing Kick the Can in the early evenings.

I was reminded of all this when I saw a neighbor boy from our home in Grimes the other morning while getting in my truck to go to work. He made eye contact with me briefly and then looked away. I yelled out, "Good morning, neighbor!" He looked directly at me and then cracked something that was beginning to resemble a smile. I doubt that this brief conversation changed his day, but who knows? That small gesture may have been just what he needed. And even if it wasn't, it made me smile.



Shane Goodman

Photo submissions

Our banner photo on the front page was snapped about 4 p.m. on Oct. 5 by Kelli Peters as a brief storm moved across the Lake Panorama dam area. Kelli took this photo from their deck, capturing both the storm clouds to the east and the beautiful fall colors on the surrounding trees.

Some of you have asked how to submit similar photos throughout the year. It's easy. Just email to me at shane@dmcityview.com.

Halloween humor

It's October, and that means it's Halloween time. As such, I will spare you the lake jokes this month and share some Halloween humor that hopefully you haven't heard before:

Are any Halloween monsters good at math? No, unless you Count Dracula.

Why is a cemetery a great place to write a story? Because there are so many plots there.

What genre of music does a mummy like the best? Wrap!

Have a great month, and, as always, thanks for reading. ■

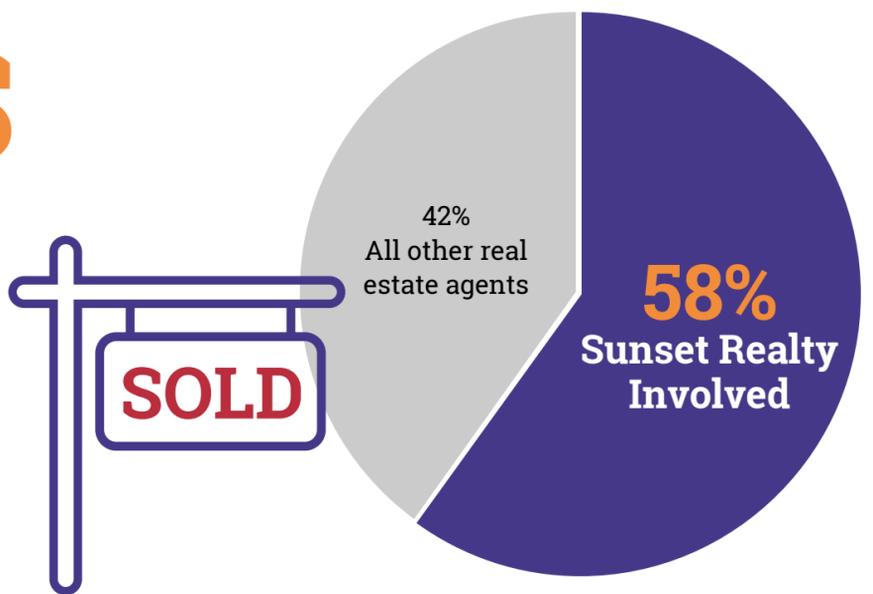
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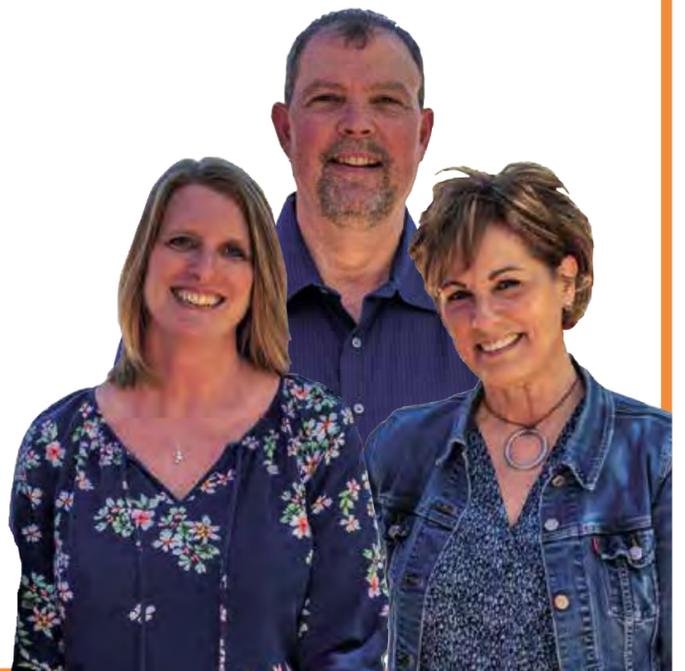
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LOCAL FILM REVIEWS

‘BREAKING,’ ‘BARBARIAN,’ ‘BEER RUN’ AND MORE

And episodes 1-5 of “The Patient” are pure brilliance.

BY MICHAEL C. WOODY

September offered another mixed bag this year, and the new releases slowed for a few weeks but are now picking up speed. What’s to come in the next couple of months look really, really good.

“Three Thousand Years of Longing” (in theaters)



Idris Elba and Tilda Swinton star in a crazy good tale of a woman with a magic lamp and the genie she releases. Unique, original and visually stunning... also unlike any movie you’ve probably ever seen — in a good way. **Grade: B+**

“Breaking” (in theaters)



If you blinked, you missed “Breaking” in the theaters. A good review in The Wall Street Journal gave me the energy to head out looking for it, and it was so worth it. John Boyega, who portrayed Finn in “Star Wars: The Force Awakens,” plays a Marine back home and struggling for money. His ex-wife and a young daughter need money, and the Veteran’s Administration made some type of a clerical error and won’t give him the money he is due. He takes a radical tact to get the money, and the film follows every minute of it. Although “Breaking” is not a great movie, I am sure I will not see a better performance this year than Bodega gives here. **Grade: B/B+**

“The Patient” (on Hulu)



Steve Carell is a psychiatrist who is taken hostage by a patient (Domhnall Gleeson). Episodes 1-5 were pure brilliance, and we kind of mistakenly thought it was only five episodes long. We were left hanging and can’t wait to see what is to come. **Grade, episodes 1-5: B+/A-**

“The Woman King” (in theaters)



Viola Davis stars in an allegedly true story about a band of female warriors who stepped in to help during slavery. Davis is great, and the action is also spectacular. It is violent and nasty at times, but I still enjoyed it. **Grade: B+/A-**

“Barbarian” (in theaters)



My taste in scary movies has changed. I can still do the horror and jump scares, but I have no stomach for the blood and guts (see the “Saw” series). This looked blood and guts to me, but I was assured by a couple of former Little League play-

ers that it was OK. They were right. There is some blood and gore, but I handled it by closing my eyes. It is a decent scary movie that I was ultimately glad I saw. **Grade: B**

“Don’t Worry Darling” (in theaters)



Olivia Wilde directs a film about a megalomaniac (Chris Pine) who employs a team of robot-like men who seem to follow his every command. The wives are expected to also toe that line. That’s all well and good until one young couple (Harry Styles and Florence Pugh) challenges the status quo. Very creepy and occasionally bloody but refreshingly original. **Grade: B+**

“The Greatest Beer Run Ever” (on Netflix)



A very entertaining movie based on the true story of a guy from the hood who decides he needs to sneak into Vietnam (in the middle of war) to deliver beer to his buddies from the neighborhood. Zac Efron, Bill Murray and Russell Crowe all shine brightly in this charmer. **Grade: B+**

OK, get ready, because the next two months are going to bring great movies and the always-fun holiday season. ■

Michael C. Woody has been reviewing movies on radio and television since 1986 and can be heard talking movies every Wednesday afternoon at 2:30 p.m. on KXn0 106.3 with Keith Murphy and Andy Fales. You can also follow him on Twitter @MrMovieDSM. He and his wife, Susan, are residents of Lake Panorama.



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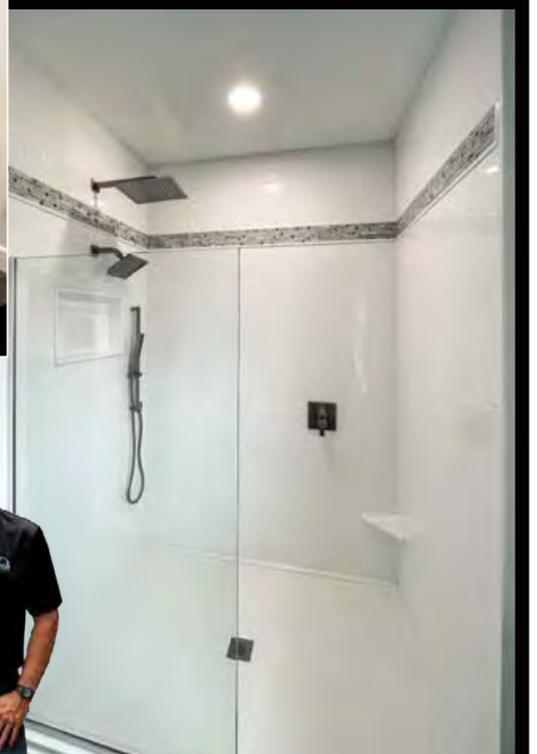
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MONARCHS

FROM PAGE 1



Eight monarch caterpillars munching through milkweed leaves Kelli Peters collected and cleaned for them. Photo by Kelli Peters

"I watched it all the time to see if I could see any change. We decided to come to the lake one weekend, and I wanted to take it with me, but John thought I was crazy, so I didn't," she says. "When we came home from the lake, all that was left was a paper-thin shell. I started looking all over the house and finally found her on the side of our couch. I started tearing up; I was so excited."

She had already named the soon-to-be butterfly Chrystal. But by the time it emerged, she knew male monarchs have two black spots on each hind wing. Chrystal was actually a male, so she renamed him Christopher, before gently releasing him to the world.

Fast forward to 2020. COVID hit in March. Both she and John started working from home and chose to live and work mainly in their lake home. A year later, they sold their Urbandale home and have been fulltime Lake Panorama residents since March 2021. Kelli, now retired, but still working part-time as a legal assistant for a West Des

Moines law firm, found she missed the socialization aspect of being in the office.

"What do you do?" she asks. "Social media! Tik Tok has a woman who goes by Monarch CEO, who kept coming up on my feed. I was glued to the screen every time I saw her videos, and I started looking online to find everything I could about raising monarch caterpillars. I thought, 'I could do this,' and a hobby was born."

Female monarchs lay their eggs on milkweed plants, and the caterpillars that hatch from the eggs feed exclusively on milkweed. Adult monarchs need nectar from flowering plants during the spring and summer breeding seasons to support reproduction and during the fall to fuel their 3,000-mile migration to Mexico, where they congregate in mountain forests.

In 2021, Peters raised and released 51 monarch butterflies, naming most of them. This year she gave up bestowing names and instead kept a notepad with key dates and statistics. She found the first monarch eggs on June 8. The

first butterflies from those eggs emerged July 4, and were two males. Those were followed by five females July 5 and another male July 6. The last two of the 148 butterflies Peters released this year left her home Sept. 26 and 28. Both were males.

Peters is quick to say she's no expert.

"I just love the miracle of watching them grow from a tiny caterpillar into a beautiful butterfly," she says.

"An egg takes about three days to hatch," Peters says. "Once the caterpillar hatches, it eats only milkweed, and grows 12 to 14 days to approximately 2,000 times its body size before turning into a chrysalis. Once in chrysalis form, it takes another 10 days before the butterfly emerges."

The search for both monarch eggs and caterpillars begins around mid-June and runs through mid-September.

"We live in an area where there is a lot of milkweed," she says. "I will go out walking or on the golf cart looking for eggs. Sometimes you get lucky and there will be a little guy already hatched. I take them



Once caterpillars are nearing the time they will create a chrysalis, Peters moves them into a mesh cage. The caterpillar goes to the top, makes a simple silk pad, and uses a hook appendage to attach itself to this pad. Then it sheds its skin, revealing the chrysalis. This photo shows how Peters helps with this process by inserting a T-pin into the silk pad to keep it secure. Photo by Kelli Peters



In this photo, some monarchs have emerged and are hanging onto the thin shell of their chrysalis, drying their wings. Others have finished that process and fly around the cage, while still others remain in the chrysalis stage. Photo by Kelli Peters

home and raise them inside where parasites, spiders, birds and other environmental issues can't kill them."

Her husband likes to golf the Panorama West course, and Kelli sometimes goes along.

"Yes, I go 'golfing' with him, but not to golf, my clubs are just a prop for me," she says. "I go to get milkweed and cats; it's a great place to find both."

Each stage of a monarch's transformation, which is called metamorphosis, requires different care. The eggs Peters discovers on the underside of milkweed leaves are laid out on a paper plate until she can

see they are going to hatch. Not all eggs grow, but the ones that do turn a darker color as they get close to hatching.

"I don't try to count eggs, only caterpillars," Peters says. "Once I know an egg is going to hatch, I place it in a plastic container that has several small holes punched in the top for air. I usually put several in one container, depending on the size of cat and container. As the cats grow bigger, I move them to larger containers."

Peters is constantly harvesting leaves and feeding cats.

"I cut the milkweed leaves off and bring them home to

clean. I remove any insects and rinse the leaves with water," she says. "I wrap the leaves in moist paper towels and store in the refrigerator until it's feeding time."

Peters says her favorite part of the caterpillars is watching them get "big and fat. They gobble up the milkweed, eating it in rows like we eat corn. If there are several of them together and eating at the same time, you can hear them munching and chewing," she says.

MONARCHS, PAGE 5

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MONARCHS FROM PAGE 4

As the caterpillars get bigger, Peters moves them into mesh cages, knowing they soon will be ready to create a chrysalis.

"They have to hang from something. When they start to hang in the shape of the letter J, you know they are getting close," she says. "Once the chrysalis has been formed, there's not much to do. In about 10 days, the chrysalis turns from a bright green to black, and you can see the monarch wings through the shell."

Once a butterfly emerges, it needs to hang for a few hours to dry and pump its wings to full size.

"I typically release them within 24 hours, if it is not too cold or raining. If the weather doesn't cooperate, I have fed them honey water and then released the following day," Peters says.

During the busiest few weeks, Peters spends about an hour each day tending to the monarchs in various stages.

"I clean the containers daily and add fresh paper towel and milkweed," she says. "I relate raising caterpillars to having a dog or cat. You have to take care of them just like you would your pet."

Like other pet owners, Peters has found ways to manage when she travels.

"Last year I went on a girls' trip to Chicago. I loaded up plastic bags with milkweed leaves in a cooler to keep them fresh, and my containers with about 20 cats in various stages went with me," she says.

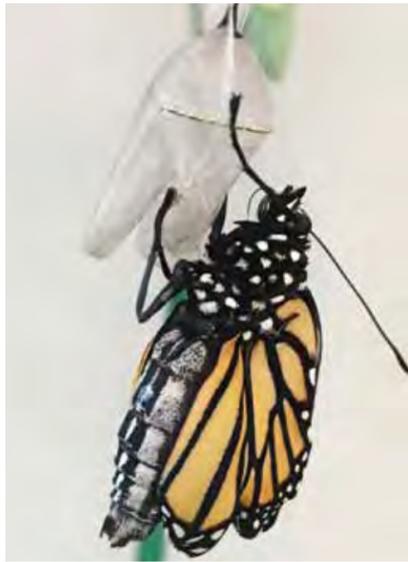
Besides taking care of monarchs from the time they are microscopic eggs until they are ready to fly away, Peters also is improving the habitat for monarchs on their Lake Panorama property.

"I release the butterflies in my flower garden area. I have a lot of zinnias, geraniums, marigolds, petunias and butterfly plants that I plant each year," she says. "This year I'm planting more perennials to make our gardens better so the monarchs come back each year. We planted swamp milkweed in pink and white, plus some additional butterfly weed plants, common milkweed and butterfly bushes."

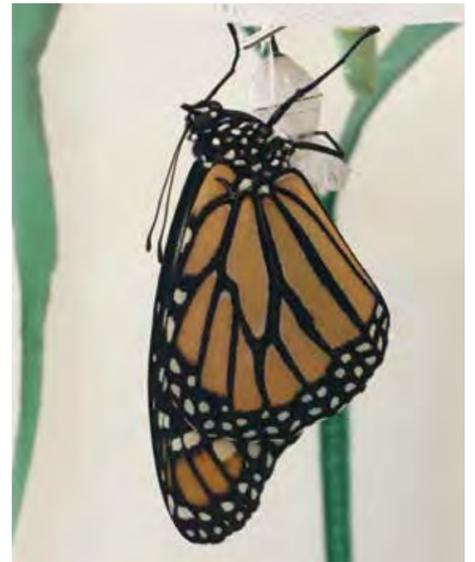
A report released in May by the World Wildlife Fund indicated the eastern monarch butterfly population increased slightly over the previous year. That shows the efforts of Kelli Peters and other like-minded monarch enthusiasts are making a difference. ■



When a chrysalis turns dark, it's an indication a butterfly is about to emerge. Note the monarch wings can be seen through the shell that is starting to thin.



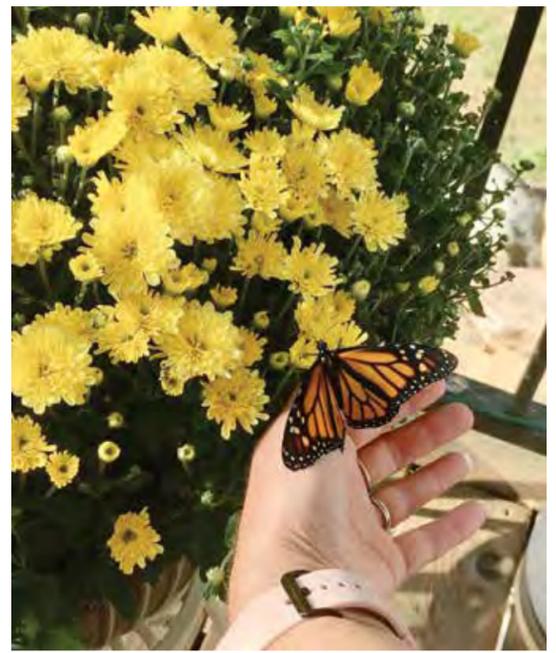
This photo was taken a few minutes after the monarch emerged from the blackened chrysalis. Note the wings are still quite small compared to the body.



Another photo of the same monarch after 30 minutes. Once a butterfly emerges, it needs to hang for a few hours to dry and pump its wings to full size.



Monarch caterpillars grow up to 2,000 times their body size between the time they hatch from eggs until they form a chrysalis. Many, like this one, grow to about an inch-and-a-half before they begin the transition to a butterfly. Photo by Kelli Peters



To release the monarch butterflies, Kelli Peters carries their mesh cage outside to one of her flower pots. One by one, she encourages each to move onto her fingers inside the cage, then she gently rests the butterfly on a flower. The butterfly sits for a while on the flower, sometimes tasting nectar, before fluttering off into a nearby tree. On this morning, Peters released six monarchs.

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RSVP

FROM PAGE 1



Mary Porter is the Guthrie County coordinator for the RSVP 55+ Volunteer Program. The Lakeside Village provides free office space for Porter on the facility's fourth floor.

that recently have required more trips to the doctor for her. Plans are being made to transition her mother-in-law into a nursing home, so she can focus on her own recovery.

"I urge others who need help to check on the RSVP program. Mary Porter and the volunteers all go above and beyond the call of duty," she says.

Porter recently was approached by another full-time caregiver, who had been hesitant to sign up for the respite program because she felt she would be letting her loved one down.

"She walked up to me at a store with a big smile on her

face and said, 'Today is my free day, yesterday was rough, and I was never so happy to see my volunteer walk in this morning.' I walked to my car and told my husband, with tears in my eyes, this is why I love my job — we are helping people," she says.

Teresa Mowrer, who lives south of Guthrie Center, has been a volunteer in the In-Home Visitation program since last February. The woman she had been visiting recently moved, and she is waiting for another match.

"I tried to go weekly, usually for an hour-and-a-half. I would bring some newspapers,

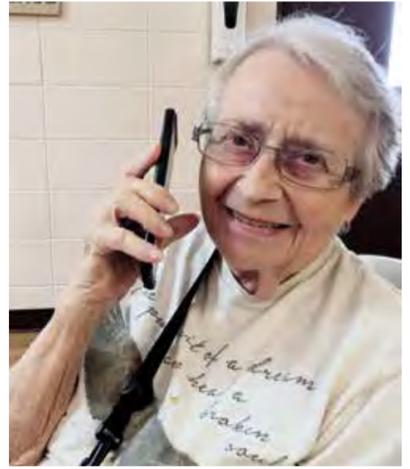
sometimes a couple of magazines and a dessert," Mowrer says. "We mostly would just sit and talk."

The daughter of the woman Mowrer was visiting heard about the in-home visitation program and thought it would be good for her mom. She said it gave her some peace of mind knowing someone was checking on her.

"I didn't realize until her daughter told me that my visits were something her mother looked forward to, although she always thanked me when I left," Mowrer says. "I have enjoyed volunteering in this way, and would encourage oth-



Teresa Mowrer, Guthrie Center, has been a volunteer since February in the RSVP+55 In-Home Visitation program. She makes weekly visits for an hour or more, generally bringing along newspapers and magazines, and sometimes a sweet treat.



When Wilda Oreweiler's husband passed away five years ago, a friend started calling her every Monday. Now she volunteers as a "phone friend" to help others in the same way her friend helped her.

ers to try it."

Another opportunity for volunteers is the Phone Friends program.

"About five years ago when my husband passed away, a friend started calling me every Monday," says Wilda Oreweiler. "It has meant so much to me. I wanted to help someone else by making regular phone calls to them."

Porter says both the in-home visitation and phone friend programs provide friendship and companionship for older adults who are socially isolated, who may be lonely, or just want good conversation. Recipients can participate in either program or both.

Another program that so far has volunteers but no participants in Guthrie County is the Grocery Assistance-shopping Program (GAP). GAP volunteers shop for groceries in this program that is available to disabled adults of any age and individuals 60 and older who may have difficulty getting groceries from the store to the kitchen. Participation may be short term, such as during a temporary illness or recuperation period, or long term.

Additional programs are available through partnerships. This summer, Porter matched Paula Wachholtz with Lakeside Village as a volunteer in the facility's memory care garden.

"I retired in 2020 after 35 years as a pediatric physical therapist in the Papillion La

Vista Schools. I moved to Lake Panorama fulltime and was looking for a way to get more involved in my new community," Wachholtz says. "I learned about RSVP when I was living at Lakeside Village for three months during my home renovation. I fell in love with the Lakeside residents and was looking for a way to stay connected to them."

"So far the memory garden is my primary project," she says. "I trim hedges, do a lot of weeding and clean up. I have loved my interactions with the Lakeside staff and the patients in the memory care unit as they come out to enjoy the day when I am there working."

Wachholtz was the recipient of one of the \$500 gifts from the Guthrie County State Bank's May Day Acts of Kindness program. She plans to use the money for mulch and perhaps new cushions and umbrellas for the benches and tables in the garden.

Another RSVP partnership is with Elderbridge, the area agency on aging for Guthrie County. In October, Wachholtz got involved in the Elderbridge Errand Buddy program, which matches a volunteer with a senior who needs transportation to appointments or other places. Now Wachholtz is an errand buddy for a Panora resident.

Porter says the goal is to have 85 active volunteers within three years. In the first year, 14 volunteers signed up, with many calls coming in as soon as the program was publicized.

With one year under her belt, Porter now is hoping to recruit additional volunteers, plus find more people who are interested in the services provided.

"The other side of this story is I need recipients to match with those interested in volunteering. It has been exciting for me as I attend a match meeting where the volunteer is introduced to the participant to find out what they have in common," she says. "Caregivers benefit from some guilt-free time to rest, go to appointments, shop, attend a grandchild's activities. Participants benefit from in-home or phone visits that helps keep them from getting lonely."

Porter says volunteers benefit by staying active, meeting new people, contributing to the community, and developing new skills and knowledge. "Although this is a nationwide program and free to participants, I like to think of it as that 'Iowa nice' showing through with people helping people," she says.

RSVP volunteers choose how, where and how often they want to serve. "Becoming a volunteer is as simple as visiting about your interests and the volunteer opportunities, fill out an enrollment form, and I connect you to where you will volunteer," she says.

To learn more about how to get involved by volunteering or receiving services, contact Porter at 641-431-0132 or rsvp-guthrie@gmail.com. ■

TWIN VINES FALL FESTIVAL SET FOR OCT. 15

More than 20 vendors will have wares on display at this free-admission event.

BY SHANE GOODMAN
Lake Panorama Times

Sip on some wine or Iowa craft beers. Enjoy live music. Browse products from a variety of vendors. And plan on lunch from Zipp's Pizzeria.

If that sounds like an afternoon of fun, then put the Twin Vines Fall Festival on your calendar now.

On Oct. 15 from 11 a.m. to 3 p.m., more than 20 vendors will be showing and selling their wares at this free-admission event.

Attendees will find products from vendors like Triple Berry Farm/Outlaw Bacon with their jam, bacon

and smoked meats; Early Morning Harvest and their produce, organic flour and honey; Kuhn's House of Scents with handmade wax and body products; Rustic Designs and their wooden signs; and Zylia Active with activewear, to name just a few.

Kent Atha, a musician from the Des Moines area, will be performing live music from a mix of genres.

This is the first effort at a Fall Festival, which was organized by Twin Vines, a family-owned vineyard, winery and event venue located on a working farm.

"We were wanting to bring a vendor festival to the com-

munity offering music, food trucks and multiple vendors for the fall fest," said Brad Hayes, a partner at Twin Vines.

The event was largely spearheaded by Megan Anderson, events manager at the vineyard. The festival has been in the works for about four months, according to Hayes, who said repeating the event annually could be a "possibility."

Twin Vines is located at 2821 Highway 44 in Panora. For more information on the Fall Festival event and a full list of vendors, visit the Twin Vines Farm/Fall Festival event page on Facebook. ■

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SWING SET ADDED TO SUNSET BEACH PLAYGROUND



A new swing set with three swings was installed at Sunset Beach in late August. Money raised at the 2021 Friends of Lake Panorama Beach Ball was used to purchase and install the swings.

BY SUSAN THOMPSON
Lake Panorama Times

In 2014, shortly after receiving 501(c)3 nonprofit status, Friends of Lake Panorama started raising funds for a large destination playground at Sunset Beach. More than two years later, the playground opened in summer of 2016. The new playground replaced an old slide, merry-go-round and swings.

From the beginning, some people expressed disappointment swings were no longer available at Sunset Beach. As plans were made by Friends to upgrade play equipment at both Shady and Boulder Beaches in 2020 and 2021, swings were included.

When the Friends board discussed how to spend proceeds from the 2021 Beach Ball, members decided to bring swings back to Sunset Beach. Three swings were ordered Aug. 25, 2021, with estimated delivery expected

March 2022. But, as with so many things these days, manufacturing and shipping delays led to the Sunset Beach swing set being delivered five months later than planned.

The swing set finally arrived at Lake Panorama Aug. 30 and was installed by a Boland Recreation crew the next day. Boland Recreation of Marshalltown is the vendor that now has provided new play equipment at all three of Lake Panorama's beaches, funded by money raised by Friends of Lake Panorama. The three swings, which include two belt swings and one toddler swing, are directly west of the existing playground.

The wood fiber safety surface material was delivered Sept. 6 and spread by LPA maintenance staff two days later. At the same time, LPA installed new wood fiber in the existing playground, which had deteriorated over the last six years the playground has



Enjoying one of the two new belt swings at Sunset Beach is Nadia Schroeder. Nadia is the granddaughter of Jill and Jay Schroeder and great-granddaughter of Donna Smith.



Serenity Winston, granddaughter of Jill and Jay Schroeder and great-granddaughter of Donna Smith, is shown enjoying the new toddler swing at Sunset Beach.

ASK *Lake Panorama* TIMES

If you've got questions, we'll find the answers.

Q: When is Beggars Night in the area?

A: The date for Beggars Night in Panora is set by the city, and the city ordinance reads that it is to be held on Oct. 30, regardless of what day of the week it falls on. So, this year, Panora Beggars Night is Sunday, Oct. 30.

The date for Beggars Night in Guthrie Center is set by the Chamber of Commerce annually, and the planners typically hold this on a week-night to allow for business participation. So, this year, Guthrie Center Beggars Night will be on Monday, Oct. 31. This was voted on and approved by Chamber of Commerce members.

Q: Why does the Lake Panorama Times come out in the middle of the month?

A: The Lake Panorama Times typically publishes the second Thursday of each month. Post office delivery might be a day before or a day after, but this is generally correct. There is no magical reason why it is published then, other than "it was always done that way," or at least in recent years. This schedule also fits well with our workload of other publications and with our printer's press schedule.

Q: I have a ridiculous amount of walnuts in my yard. What can I do with them?

A: You could hand them out to trick or treaters, but you probably wouldn't be viewed favorably. You could also put them in your neighbor's yard, but that likely wouldn't end well either. You could eat them, but it sounds like you have more than a snack's worth. Your best bet is to take them to the LPA brush dump site — or find a really hungry pack of squirrels.

Q: How often should I replace my boat trailer tires?

A: There are a variety of opinions on this, but, generally, you should replace your trailer tires every five to six years, regardless of what they look like. Tire treads for boat trailers don't usually wear out. More often, the sidewalls deteriorate over time, cracking in the rubber exterior. Even tires that look OK can fool you. After a few years, the laminates rot from within, and that can lead to blowouts. This applies to spare tires as well. Even though they don't get used, they still go bad on the inside. ■

Submit your questions at www.lakepanoramatimes.com or email shane@dmciview.com.

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TESTING SHOWS NO ZEBRA MUSSEL PRESENT IN LAKE PANORAMA ... YET

The mussels have spread into much of the upper Midwest including the Mississippi and Missouri rivers, and several streams and lakes in Iowa.

BY SUSAN THOMPSON
Lake Panorama Times

In spring 2014, the LPA Board of Directors adopted new rules in an attempt to keep aquatic invasive species from infesting Lake Panorama. Invasive species reproduce early, often, in large numbers and in multiple ways. They grow rapidly and have few natural enemies. Aquatic invasive species can cause damage to equipment, threaten water recreation safety, and, ultimately, reduce property values.

Several aquatic invasive species have been introduced into Iowa water bodies. One of the most concerning is zebra mussels. The pest was first introduced in the Great Lakes by the emptying of water ballast from sea-going ships that arrived from the Black and Caspian seas, located between Europe and Asia. The mussels since have spread into much of the upper Midwest including the Mississippi and Missouri rivers, and several streams and lakes in Iowa.

Zebra mussels are small shellfish that can produce up to 1,000 microscopic eggs every day. The mussels attach themselves to smooth surfaces. In some lakes, rocks, dock posts, underwater portions of lifts, boat hulls, propellers and inboard/outboard units have become completely covered.

"The zebra mussel is an invasive species that has had detrimental effects on other lakes in Iowa. They can travel in ballast water or plant material that may get stuck on a vessel being transported from one lake to another," says Lane Rumelhart, LPA's project manager. "LPA's invasive species policies are aimed at trying to avoid the introduction of these creatures."

In 2020, Rumelhart worked with

RMB Environmental Laboratories Inc. of Detroit Lakes, Minnesota, to begin an annual program to test for zebra mussel veligers in Lake Panorama.

"Zebra mussel veligers are free-swimming larvae of the mussels. Water current can pull veligers long distances before becoming heavy enough to settle to the bottom of a waterbody," Rumelhart says. "I talked to RMB's water biologist about testing for zebra mussels and was told veligers become prevalent one to three years before mussels are visible. He said by testing for veligers, we may be able to get a head start on preparation for the mussels, if they ever become present."

Rumelhart uses a tow net made specifically for capturing microscopic organisms out of water and pulls samples through the net in two locations — the marina and the dredge dock above the debris trap in the upper basin. Samples are sent to the lab in Minnesota for examination. Testing in 2020 and 2021 were negative for zebra mussel larvae in Lake Panorama. The same result was reported this fall after the 2022 samples were tested.

"LPA staff believes a two-pronged approach to invasive species is the most responsible strategy," Rumelhart says. "First, prevention remains our top priority, so we will continue to educate our members about prevention and enforce our invasive species regulations."

Second, Rumelhart says LPA will continue to test each summer to ensure staff and members have a head start on responding, if zebra mussel veligers are found in Lake Panorama.

"Zebra mussels could clog irrigation systems for our two golf courses and waterfront homeowners. This pest likely would create



This boat prop clogged with zebra mussels is an example of what could happen at Lake Panorama if this invasive species is allowed to reach it. A testing program the LPA has conducted for the past three summers should provide a warning if zebra mussels might begin to reproduce in Lake Panorama.

new challenges for routine dam operation and maintenance. The barge companies would require some advance planning as zebra mussels weigh down docks and boat lifts. If we ever do have to face these challenges, advance notice will help us avoid a last-minute scramble for emergency solutions," Rumelhart says.

Here is a review of LPA's rules related to stopping invasive species from entering Lake Panorama. Boats owned by LPA members that are used exclusively on Lake Panorama are considered "resident" boats. These must display a "resident" sticker and do not require annual inspections.

Any boat that is not used exclusively at Lake Panorama must display a "non-resident" sticker. These boats must pass an inspection by LPA personnel after returning from another body of water.

Inspections look for the following: plant parts, mud, animal spec-

imens on boat or trailer or fishing equipment, and water in live wells, bilge tanks, ballast tanks or engine cooling systems. For members who do take their water vessels to other lakes, thoroughly cleaning, draining and drying the boat, trailer and equipment for at least five days in warm weather should allow the boat to pass inspection and be allowed back on Lake Panorama.

It's not just boats that can transport aquatic invasive species. Any water-related equipment such as lifts and docks previously installed in another lake cannot be installed at Lake Panorama before passing invasive protocols. Equipment that has been thoroughly drained, cleaned, dried and treated may be considered for installation after security or management does an initial inspection, and the equipment sits on land away from the shoreline for a minimum of 30 days. ■

POWER AND WATER TO BE SHUT OFF AT LPA CAMPGROUNDS BY OCT. 31

Water and electricity will be shut off in both campgrounds by Saturday, Oct. 31. This is the normal end of the camping season and time to get non-heated facilities closed prior to winter freeze-up. LPA reserves the right to adjust this date if the temperature forecast unexpectedly dips well below freezing during the remainder of October. The campgrounds will also be closed Oct. 31 for the season. ■

LPA JOB OPENINGS

The LPA Maintenance and Water departments have two full-time positions available. Duties vary, and more detail can be provided upon request. These positions need filled immediately. If you or someone you know is interested, contact the office by phone at 641-755-2301 or email lpa@lakepanorama.org. ■

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641-439-2458

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www.umc.org
712-651-2307

• **St. Patrick Catholic Church**
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www.guthriecounty.catholicchurches.org
641-747-3843

CASEY

• **Saint John's Lutheran Church**
104 E. First St., Casey
www.idwlcms.org
641-746-2734

• **United Methodist Church**
100 E. Second St., Casey
www.umc.org
641-746-2210

GUTHRIE CENTER

• **First Christian Church**
105 N. Fourth St., Guthrie Center
www.christianchurchgc.com
641-332-2571

• **First United Methodist Church**
405 Prairie St., Guthrie Center
www.gcumcia.org
641-332-2408

• **First Presbyterian Church**
701 State St., Guthrie Center
641-332-2425

• **Guthrie Center First Baptist Church**
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www.guthriecenterbaptist.com
641-747-8198

• **Guthrie Center Seventh-Day Adventist Church**
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calvaryraccoon.com
641-755-4268

• **Church of the Brethren**
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641-755-3800

• **Faith Bible Church**
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www.fbcpanora.com
641-755-3034

• **First Christian Church**
102 E. Church St., Panora
www.panorafcc.org
641-755-2227

• **Fountain Of Life Church**
2322 Wagon Road, Panora
www.FOLCPanora.com
641-755-2322

• **Lighthouse Assembly of God Church**
400 S.E. Third St., Panora
panoralighthouseassemblyofgod.com
641-755-3060

• **Lutheran Church of Hope**
5405 Chimra Road, Panora
515-222-1520

• **Panora Community Church**
2322 Wagon Road, Panora
641-755-2322

• **Saint Thomas Lutheran Church**
2100 N. Highway 4, Panora
641-755-2051

• **St. Cecilia Catholic Church**
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www.guthriecounty.catholicchurches.org
641-747-3843

• **United Methodist Church**
119 W. Main St., Panora
panoraumc.org
641-755-2655

STUART

• **All Saints Catholic Church**
216 All Saints Drive, Stuart
stuartallsaints.org
515-523-1943

• **Fairview Congregational Christian Church**
1706 Stuart Road, Stuart
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• **First Congregational Church**
224 N. Division St., Stuart
www.stuartfccbible.org
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• **New Beginnings Open Bible Church**
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stuartnbchurch.org
641-757-0192

• **Stuart Friends Church**
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515-523-1541

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DALE GROTJOHN

Dale Gordon Grotjohn, 88, son of John and Edna (Krause) Grotjohn, was born May 22, 1934, in rural Schaller. He passed away Monday, Sept. 5, 2022, at the New Homestead in Guthrie Center, surrounded by his girls.



Dale graduated from Schaller High School in 1952. He worked at Kingan and Co. in Storm Lake. He then went into the United States Army in August of 1954. He was stationed in Whittier, Alaska, until July of 1956.

He was united in marriage to Arla Mae Brockway on Dec. 27, 1959. They made their home in Fort Dodge for about five months. They then moved to Waverly for two years where Dale worked for Western Electric until 1962, when they moved to Hubbard to manage the telephone company. He left Hubbard in 1970 to manage the Panora Telephone Coop Inc. in Panora, retiring in 1999.

Dale was a member of St. Thomas Lutheran Church in Panora, where he was an elder and was past president of the church board. He also was a member of the Panora Lions Club and PRIDE group. He served on the Lake Panorama Rural Improvement Zone Board, Guthrie County Hospital Board and the Panora Telephone Board.

Dale was an avid fisherman and golfer. He and Arla Mae enjoyed throwing their annual Fourth of July party socializing with many friends and family.

Dale and Arla Mae were very family oriented. They enjoyed spending time with their girls, grandchildren and great-grandchildren who affectionately called them Grandpa and Grandma Pizza!

He is survived by his daughters, Stephanie Godwin of Panora and Stacy (Jim) Henrich of Ankeny; grandchildren, Shelby (Marcus) Lewis, Sydney (Zeb) Osen, Payton (Steven) Fox, Benjamin Henrich and Reilly Henrich; and great-granddaughters, Ella and Ava Lewis and Willa Osen. He was preceded in death by his parents; wife, Arla Mae; sister, Florine; and brother, Keith.

Funeral services were Friday, Sept. 9, 2022, at St. Thomas Lutheran Church, Panora. Burial was in the West Cemetery, Panora. Memorials may be left to the discretion of the family. ■

GEORGE OHM

George Ramon Ohm, 86, of Yale, passed away peacefully on Thursday, Sept. 1, 2022, while at home surrounded by his family.

He was born on Aug. 2, 1936, in Jefferson to Ramon Irene (Graham) Ohm. He spent his younger years in Coon Rapids.

George was united in marriage to Bev Wood of Scranton on June 17, 1956, in Coon Rapids. The couple started out their early years together in Van Meter, where he worked as a dairy hand and settled down in Yale.

George was the mayor of Yale for eight years following 28 years as a city council member as well as a volunteer fireman. He was involved with the restoration and construction work on the Round Gym, helping to obtain grants and city help that allowed them to re-roof, patch the brick siding, install new windows and doors and tear out the false ceiling.

Early in his career, George worked in bridge construction, which led him to the construction of the Lake Panorama dam. Once completed, George was hired by Mid-Iowa Lakes to manage the dam, which he did for more than three decades before retiring. Along with managing the dam, he managed a crew for the construction of the golf course and lake roads. He also managed the Vacation Village built by Mid-Iowa Lakes where potential property owners would stay to tour the lake for property purchases. After CIPCO took ownership from Mid-Iowa Lakes, George also managed grounds that were purchased by CIPCO that became crop-share farmland.

Boxing in his early years drove George to founding and coaching the Yale/YJB Boxing Club, bringing a rare and rewarding sport to the community. They traveled to many cities and surrounding states and obtained championship results.

His other hobbies included trapping, fishing, hunting, bowling, riding motorcycles and hill climbing. He also played and was a pitcher for men's softball team.

He is survived by his wife, Bev; children, Mike (Paula), Dennis (Susan), Dan, Pat (Diane), Cheryl Ohm (Nick) Balderas and Christie (Rod) Ocker; nine grandchildren, Danielle Ohm, Brad Ohm, Jason Henderson, Justin Ohm, Megan Ohm, Amanda Stradling, Logan Ohm, Dalton Downing and Dylan Downing; 10 great-grandchildren; and siblings, Garlan (Pete), Erin and Charles.

George was preceded in death by his parents; twin sister, Georgie Merical; and brother, Grant.

A celebration of life was held at the Yale Community Building on Saturday, Sept. 24. Twigg Funeral Home, Panora, was entrusted with his arrangements. ■



KELLY WILDERMAN

Kelly James Wilderman, 57, entered the Kingdom of Heaven on Tuesday, Sept. 13, 2022, after a courageous battle with pancreatic cancer. He was surrounded by his loved ones.



Dick and Lynne Wilderman welcomed Kelly into the world on June 15, 1965, in Iowa City. Kelly loved telling stories about his childhood and growing up at the A&W. He graduated from East High School and began a long career of 37 years with UPS, and was recently retired. In his retirement, Kelly and his son-in-law, Kody, were looking forward to a global expansion of their nut business, Dick's Nuts. Kelly and his wife of 29 years, Angie, raised their girls on the lake in Panora.

Kelly absolutely loved family time and being on the boat together or working on a project. He could tackle just about anything, even before there were YouTube videos. He enjoyed cheering on the Packers and going to his girls' and grandkids' sporting events. He was always one of the loudest in the stands. He never really understood how "quiet" worked. He had a contagious laugh and was an eternal optimist until the very end.

Kelly was a great friend and always looked forward to Card Club nights and the annual Guys Trip to Kansas City. He also relished in the victory of beating his dad at cribbage — although it probably didn't happen as much as he would've liked. He had many things that were dear to his heart, like Wilderman family vacations, his dogs and his classic cars, but most important to Kelly, was his relationship with Jesus Christ. He always looked forward to going to church each Sunday together as a family.

Kelly was reunited in Heaven with his mom, Lynne (and certainly received the biggest and best hug imaginable); his mother-in-law, Donna Lansman, and her husband, Dave; along with all of the grandparents.

Those still here to cherish his memory are his wife, Angie; daughters, Chantelle Nielsen (Kody), Brianna, and Hope; granddaughters, Harper and Willow Nielsen; his father, Dick (Judy); brother, Mark; sister, Melanie Sesker (Kahl), and their kids, Korbin (Ryley), Aubrey, and Grace; father-in-law, Ken Slothouber (Judie); brother-in-law, Kurt Slothouber (Kelli), and their girls, Jordan and Taylor; and we wouldn't want to forget A.J. Hawk. We are certain that one day we will all be reunited. We look forward to that day, but, until then, we will live each day the way Kelly did — to the fullest!

A celebration of life service was held on Tuesday, Sept. 20, 2022, at Lutheran Church of Hope in West Des Moines.

Donations to the family will be given to spread the good news of Jesus Christ. ■

Q&A: SOMETIMES THE ANSWER IS YES

And sometimes it is no.

BY SUSAN THOMPSON
Lake Panorama Times

Lane Rumelhart is in his third year as project manager for the Lake Panorama Association. His duties include managing the LPA building codes, projects financed by the Lake Panorama Rural Improvement Zone (RIZ), LPA communications, the annual deer hunt program, the campgrounds and beaches, and "other duties as assigned."

Rumelhart says LPA member questions frequently touch on a handful of common topics, which can be answered with a simple yes or no. This month's Q&A is a compilation of "yes" and "no" questions. In some cases, additional information also is provided.

The Answer is Yes
Will I get a ticket if I

speed past a No Wake buoy? YES

Do I have to maintain silt fence on a waterfront project? YES

Am I required to have an LPA boat sticker for my boat/jet ski/canoe/kayak/stand-up paddleboard? YES

Can I take vegetation less than 12 inches in diameter to the brush dump? YES

Does LPA have an informational website? YES (lakepanorama.org)

Is the LPA office open from 8 a.m. to 4:30 p.m. weekdays? YES

Does LPA have the ability to communicate electronically with the membership on most topics? YES

Does the Fin and Feather club stock fish in the lake every year? YES

May I build a 100-square-foot shed on an undeveloped lot?

(To clarify, undeveloped means there is no home on the lot.) YES

Are there restrooms at the beaches? YES (open seasonally)

Do I need a variance to build a home with a roof pitch less than 6/12? YES

Am I required to maintain my shoreline with rip rap that meets SUDAS specifications? YES (SUDAS is short for Statewide Urban Design and Specifications. The Institute for Transportation at Iowa State University maintains Iowa's SUDAS manuals for public improvements.)

Do I need a recent, recorded and signed survey from a professional surveyor as part of the building permit to build a new home? YES

Do I need a permit to put in a new driveway culvert? YES

Do I need a 911 address sign on my dock? YES

(www.iowadnr.gov/boat-docks)

Is the swim platform counted when LPA security measures my boat length? YES

The Answer is No

Can I camp on my undeveloped lot? NO

Will you allow a pontoon boat over 27 feet on the lake? NO

Does LPA have the ability to direct barge companies to service members? NO

Can I put a political sign in my yard? NO

Can I build a boathouse on my lot if there is no boathouse currently on it? NO

Is it acceptable to raise chickens on my lot? NO

How about goats? NO

Is the LPA office ever open on Saturdays? NO

May I build my home closer than 50 feet from the water? NO

Can LPA sell me a piece of community area? NO

Can I put a permanent dock on the community area next to my lot? NO

Would you let me keep my boat docked at one of the three beaches overnight? NO

Can I build a detached garage on my undeveloped lot across the street from my home? NO

Can I use glider kits, self-powered gliders, kites, parasails, kite tubes, flyboards, self-powered hydrofoils, self-powered surfboards or like objects on the lake? NO

May I leave a fire unattended? NO

Does LPA provide a trash disposal service? NO

Does that mean I can throw my trash into dumpsters at the beaches or golf courses or near the LPN conference center? NO

May I build my own boat ramp? NO

Can I put up a privacy fence? NO

Can kids without a valid driver's license operate a golf cart on LPA roads? NO

Can I build a pole building? NO

Is Lake Panorama governed by the City of Panora? NO

Can I take loads of dirt to the brush dump? NO

Can LPA require my neighbors to be friendly? NO

Will LPA security trap pest animals for me? NO

May I build a 200-square-foot shed on an undeveloped lot? NO

Can I drive a vehicle over 10,000 pounds (5 tons) on LPA roads during the embargo? NO



Lane Rumelhart

Can LPA do something to guarantee Lake Panoramawill never have a blue green algae bloom? NO

Can I have an above-ground pool? NO

Does LPA have an official connection to Next Door, so if I post a question or comment there, LPA staff will respond? NO

Rumelhart says additional information on many of these questions can be found on the Lake Panorama Association website home page, most likely under the FAQs and Documents drop down tabs. The website is lakepanorama.org. Members also can call the LPA office weekdays 8 a.m. to 4:30 p.m. at 641-755-2301, or email lpa@lakepanorama.org. ■

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LPA UPDATES AT GM COFFEE

Rutledge noted leasing the LPN food and beverage operation would be similar to what the LPA has done for many years with the marina.

BY SUSAN THOMPSON
Lake Panorama Times

About 40 LPA members attended the Sept. 2 GM Coffee to hear updates from John Rutledge, LPA general manager. Rutledge started his report with a review of efforts being made to find someone to lease the food and beverage portion of the Lake Panorama National Resort operation.

"The primary focus of the LPA and LPN boards is to secure a food and beverage vendor, who would be in place by March or April of 2023," Rutledge said. "We have invested in some advertising to increase our reach to the food and beverage industry throughout Iowa and remain hopeful we can find some viable tenant candidates to interview in the next 60 days."

Rutledge noted leasing the LPN food and beverage operation would be similar to what the LPA has done for many years with the marina.

"The LPA is committed to having a successful, long-term food and beverage operation at Lake Panorama National. We appreciate everyone's patience as we work through current challenges to make that happen," he said.

Turning to the LPA, Rutledge reported a total of 7.65 miles of roads received seal-coat treatment this year, with 3.97 miles on the east side of the lake, and 3.68 miles on the west side. The cost was more than \$215,000, a 23.5% increase in cost from 2021. Because of the higher cost, fewer miles of road were treated than has been the case for the past 15 years.

The LPA water safety committee recommended and the board approved a limit on personal marker buoys. Rutledge said members now

can have just one marker, which must be high visibility, not larger than 18 inches in diameter, and no farther from shore than the end of the owner's dock. Members who have personal marker buoys have until the end of the 2022 season to comply with the new rule, with enforcement by LPA security beginning in 2023.

A shortage of available boat lifts has caused some members to look for used lifts.

"If you plan to purchase a lift that has been in another lake, remember the LPA requires a 30-day quarantine, and the lift must be inspected before it can be installed here," Rutledge said. "It is absolutely critical to the health of Lake Panorama for everyone to abide by our invasive species rules."

Work to bore a new water main under the lake from Sunset Beach to the east side was to begin shortly after Labor Day and should be complete this fall. Rutledge said total cost of this project could reach \$400,000. The old water line that was installed before the lake existed will be abandoned once the new line is in place. Another old water line near Christmas Tree Point still needs to be replaced, and plans are in the works to re-establish a line from the west side of the lake to the Boulder Beach area.

A recent inspection of the Lake Panorama dam "did not raise any red flags. We're very happy with the report, considering the dam is now more than 50 years old," Rutledge said. "Some short-term maintenance items that will cost less than \$200,000 were identified, with another \$200,000 in additional items that will need to be done over the next three to five years."

Rutledge outlined a rule change on what items can be stored on undeveloped lots without homes. The rule now is more specific and is under the category of "Property Care" in the LPA rules and regulations.

The rule states: "Boat/PWC trailers, and boats, PWCs, and non-enclosed utility trailers are the only property that may be stored on undeveloped lots. Utility trailers must have a current registration displayed, be open in design, not longer than a 14' model, and be completely empty. Recreational vehicles, campers, motor vehicles, enclosed trailers, dump trailers and other equipment storage are prohibited on undeveloped lots."

A radar sign that flashes a motorist's speed has been purchased for use by LPA security. It can be mounted on the same posts as speed limit signs within the Lake Panorama community or on a movable trailer.

"The plan is to move this around to various locations," Rutledge said. "We aren't trying to use it to write speeding tickets; in fact, we'll be happy if no fines are collected because of this new tool. What we want to do is use it to correct behavior."

With the annual LPA deer hunting program beginning Oct. 1, Rutledge reviewed results of the 2021 program. Last year there were a total of 100 hunters, with 72 of those being LPA members and 28 being guests of members. A total of 119 antlerless deer were harvested, and hunters were provided with 73 free deer tags. Since guest hunters pay a fee, the net cost of the program in 2021 was \$680.

"We're proud of how this program operates and how

LPA is able to reach our goals for managing the Lake Panorama deer population in an ethical manner," Rutledge said.

Results of a membership survey regarding low-impact recreational amenities that could be made available on the south shore of the lake's main basin were reviewed. At its August meeting, the LPA board approved plans presented by Friends of Lake Panorama to enhance existing walking trails and allow the Panorama schools cross country teams to use trails on the south shore. Friends of Lake Panorama representatives and LPA staff will continue to discuss disc golf, a shelter house and a fishing dock, and Friends will return to the LPA board in spring

of 2023 with related recommendations.

"No commercial or residential development is planned," Rutledge said. "And no substantial removal of trees will be done. Trees that do need removed will be scrub trees or dead trees. We will retain mature hardwood trees unless we absolutely have to remove an isolated tree."

Turning to RIZ, Rutledge said a pre-bid meeting to outline plans to repair the rip rap along the south shore was well attended. The project is estimated at about \$750,000. LPA will sign an agreement with RIZ that in return for this investment, the south shore will not be used for anything beyond recreational purposes for the next 15 years. Completion of this work is expected

late this year or early spring of 2023.

Rutledge reviewed some ongoing projects being funded by RIZ. Expansion of the old CIPCO basin, which has been renamed the 180th Trail Basin, is underway. This expanded sediment basin is where dredging spoils will go once the current basin is full. Two additional wetlands also are in the planning stages.

The fiscal year 2022-23 RIZ budget includes about \$3 million of annual tax increment financing (TIF) revenue. RIZ is a government entity and is managed by a board of five trustees.

One more GM coffee is scheduled for 2022. It will be Friday, Dec. 2 at 10:30 a.m. at the LPN conference center. ■

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Lake Panorama Association Board of Directors Meeting

Aug. 30, 2022

The Lake Panorama Association Board of Directors met Aug. 30, 2022, at 5 p.m. at Lake Panorama National Conference Center. Board members in attendance were Mary Jane Carothers, Emily Donovan, David Finneseth, Dennis Flanery, Mark Jorgensen, Rich Schumacher and Dirk Westercamp.

LPA Staff in attendance: Danna Krambeer, Corey Larsen, Lane Rumelhart, John Rutledge.

Visitors in attendance: John Coghlan, Gary Geels, Craig Hiatt, Deb Schumacher, Jim and Emily Spradling, Greg Thompson and John Worth, LPA Members Lyn Coulter, Coulter Marina, Susan Thompson, Friends of Lake Panorama.

President Schumacher called the meeting to order at 5 p.m.

Agenda Item 1 - Approval of the Agenda

Flanery moved to approve the agenda. Motion seconded, carried unanimously.

No board members disclosed conflicts of interest regarding agenda items.

Agenda Item 2 - Open Forum - Members addressed the board during the items that related to agenda items.

Agenda Item 3 - Consent Agenda

Donovan moved to approve the consent agenda. Motion seconded, carried unanimously.

Consent agenda to include:

a) LPA General Manager's Report

b) Approval of minutes from 07.26.2022 LPA Board Meeting

c) Acceptance of 07.31.2022 consolidated financial report - LPA & LPN, LLC

d) Set date for next board meeting 09.27.2022

e) Accept minutes from

07.25.2022 LPN LLC Board of Managers Meeting

f) Accept minutes from the 08.08.2022 LPA Building Codes Committee

Schumacher moved to Item 4d

Agenda Item 4d - Fishing Policy at Lake Panorama Marina

Craig Hiatt addressed the board in support of continuing fishing at the Marina.

Lyn Coulter explained the challenges with fishing at the Marina.

John Coghlan spoke in support of fishing by LPA members at the Marina.

Board discussed several options, Rutledge proposed fishing can continue after hours for the next month and LPA staff and the board will consider additional information to finding a mutually agreeable proposal. Schumacher tabled until the September meeting.

Schumacher moved to Item 5a

Agenda Item 5a - Survey regarding South Shore recreational enhancements by Friends of Lake Panorama

John Coghlan and Gary Geels addressed the Board with concern of the proposed projects.

Greg Thompson and Jim Spradling spoke in favor of the proposed projects.

Susan Thompson, representative of the Friends of Lake Panorama Board, spoke in support of the projects and answered questions regarding the projects. Friends is requesting the Board confirm support for the low impact recreational improvements.

Board reviewed the comments presented and discussed the Friends proposal for south shore.

Donovan moved to authorize Friends to work with LPA staff and move forward with the improvement of the existing walking trail and parking lot at south shore, including a cross country trail in cooperation with Panorama Schools, to be useable for school cross

country meets, with Panorama Schools contributing to the maintenance and upkeep of the trail and LPA staff directed to develop a use policy for the trails. The proposed use policy will be brought to the Board for final approval of the use policy. Motion seconded, carried unanimously.

Board discussion on the remaining aspects of the Friends' proposal was held, with focus on disc golf, a shelter house and a fishing dock. The board clarified they were willing to revisit these items at a later date but directed management that these components should not be pursued at this time, or without further board confirmation. The board clarified Friends and LPA management are welcome to proceed with further education of the membership on these topics.

Agenda Item 4a - Variance Request - Roof Pitch Variance Lot 1534

Building Codes Committee Guidance follows -

Mark Main represented Jim Brannen of 4916 McDermott Lane (lot 1534) with a request to allow a 3/12 and 4/12 roof pitch on a proposed home. The home met all other building code criteria. Based on the fact the committee has previously accepted numerous other requests for the same style of roof pitch, Westercamp made a motion to approve the 3/12 and 4/12 roof pitch for the proposed home on lot 1534. Brown seconded and unanimously carried.

Finneseth moved to approve variance for 3/12 and 4/12 roof pitch for the proposed new home construction on Lot 1534, 4916 McDermott Lane, James Brannen, contingent on the plans presented. Motion seconded, carried unanimously.

Agenda Item 4b - Variance Request - Roof Pitch Variance Lot 387

Building Codes Committee Guidance follows -

Mark Main requested a 3/12 and 4/12 roof pitch on a proposed home at 5081 Panorama Drive (lot 387). The home met all other building code criteria. Based on the fact the committee has previously accepted numerous other requests for the same style of roof pitch, Westercamp made a motion to approve the 3/12 and 4/12 roof pitch for the proposed home on lot 387. Brown seconded and unanimously carried.

Finneseth moved to approve variance for 3/12 and 4/12 roof pitch for the proposed new home construction on Lot 387, 5081 Panorama Drive, Mark Mains, contingent on the plans presented. Motion seconded, carried unanimously.

Agenda Item 4c - Variance Request - Fireplace Variance Lots 332 & 333 combined

Rick Loftsgard requested variance at 6526 Coven Court on lot 332 and 333, to allow a fireplace that measures 54 inches in height be placed as part of his landscaping design closer than 50 feet to the lake. It was noted that the fireplace would be placed two feet below grade in a dug-out patio area. With no further discussion, Brown made a motion to allow the fireplace to be added as part of the landscaping plan as long as the fireplace was placed at the bottom of the patio below grade so that the fireplace did not extend 36 inches above grade. Westercamp seconded and unanimously approved.

Finneseth moved to confirm a fireplace may be added, as part of the landscaping plan on lot 332 and 333, 6526 Coven Court, Rick and Dawn Loftsgard, provided the fireplace is placed at the bottom of the patio below grade so that the fireplace does not extend 36 inches above grade. Motion seconded, carried unanimously.

Agenda Item 5b - Policy regarding barge access to Lake Panorama for construction projects, shoreline projects as related services to LPA member properties

LPA staff presented an administrative policy to govern work vessels (barges) used for dock work, landscaping, rip rap, etc. from the water. This policy ensures invasive species compliance and acceptable insurance levels are in-place for any company using a barge on Lake Panorama for a construction project. A fee schedule is also implemented to provide for staff time required to inspect the vessel and ensure compliance with the overall policy.

Westercamp moved to accept the policy. Motion seconded, carried unanimously.

Agenda Item 5c - LPA Rule 8.02(a)3 - Storage of non-enclosed utility-style trailers on undeveloped lots

The primary goal of this change is to allow for utility trailer storage on undeveloped lots. Staff noted these utility trailers are very common throughout the association and suggested the membership needs have evolved since the rule prohibiting them was last reviewed. Changes to allow utility trailers were proposed (below).

While staff was making these proposed revisions, they noticed also that 8.02(a)2 specified firewood storage shall be clear of the front setback. Staff believes firewood storage should be clear of all setbacks and have added this clarification as a "housekeeping" change.

Finneseth moved to approve the proposed changes to the LPA Rule 8.02(a)2 which clarifies firewood storage shall be clear of all setbacks and LPA Rule 8.02(a)3 which allows for utility trailer storage on undeveloped lots. Motion seconded, carried unanimously.

8.02 Property Care
(a). Lot management

1. Upon designation by the General Manager, property owners will be required to remediate problems with plants on their lot including tree death, tree disease, poison ivy, thorned and hazardous plants or natural fire hazards where this situation can be shown to endanger person or property in the immediate area or otherwise be declared a nuisance.

2. Natural materials such as firewood may be stored on properties if stacked and located outside of the front lot setbacks.

3. Boat/PWC trailers, boats, PWCs, and non-enclosed utility trailers are the only property that may be stored on undeveloped lots. Utility trailers must have a current registration displayed, be open in design, not longer than a 14' model, and be completely empty. Recreational vehicles, campers, motor vehicles, enclosed trailers, dump trailers and other equipment storage are prohibited on undeveloped lots.

4. If, in the opinion of the LPA management, any lot has an unsightly appearance and it becomes necessary for Lake Panorama Association to mow or clear a lot, a justifiable fee for such service will be charged and will become part of the obligation against said lot contract, and shall be paid by the owner.

Schumacher moved to Agenda Item 7.

Agenda Item 7a - Establish a campground review task force

Schumacher requested a task force to review the current campground fees. Flanery and Finneseth agreed to review and report at the October meeting.

Agenda Item 6 - Closed Session - The board entered closed session at 7:22 p.m. to discuss legal matters. Board exited closed session at 7:56 p.m.

Adjourn - With no further business, the meeting was adjourned at 7:57 p.m. ■

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BUSINESS

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MORE NON-BUSINESS STORIES ALSO INSIDE THIS SECTION.

LAKESHORE FAMILY DENTISTRY NEARS 10-YEAR ANNIVERSARY

Dr. Spray credits two local businesses for making it possible for him to start a practice right out of dental school.



Groundbreaking for the Lakeshore Family Dentistry building was Oct. 6, 2012. The first day of business in the new building was April 2, 2013.

BY SUSAN THOMPSON
Lake Panorama Times

Lakeshore Family Dentistry, owned by Dr. Larry Spray, is nearing its 10th anniversary in Panorama. Groundbreaking for the building at 709 East Main was held Oct. 6, 2012, an event Spray missed because of the birth of his first child the night before. The business opened April 2, 2013.

Spray says he knew from a young age he wanted to be in the health-care field.

"Initially, I wanted to be a physician, but my youngest sister suffered from a tumor on her jaw bone that resulted in lots of treatment from oral surgeons and dentists to repair her jaw," he says. "This was an eye-opening experience, although it didn't solidify my decision."

Spray grew up in Dallas Center, graduated from Dallas Center-Grimes High School, and attended Simpson College in Indianola.

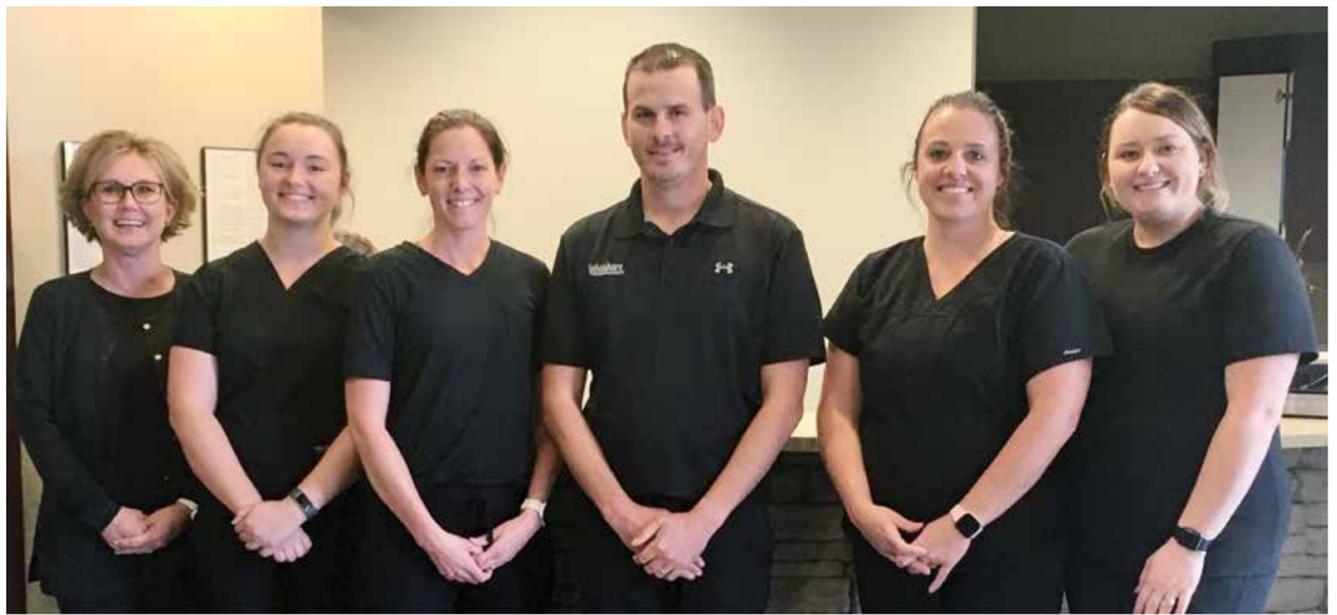
"I took a year off after graduating from Simpson, debating between medical and dental school," he says. "The work-life balance of a dentist seemed more appealing, so I went that route."

Next up was the University of Iowa College of Dentistry.

"I started the practice in Panorama right out of dental school," Spray says. "I filled in here and there for other dentists, but once I graduated, we broke ground on the building."

Spray credits local businesses Panorama Fiber and Downing Construction for making it possible for him to start a practice right out of dental school.

"Panora Fiber helped secure a USDA loan that focuses on getting people to practice in rural areas. The money that was paid back now is



The Lakeshore Family Dentistry has six employees. Shown in the reception area, left to right, are Samantha Wilson, Amanda Vogel, Sue Bump, Dr. Larry Spray, Miseen Hernandez and Cassidy Voss.

in a fund that can be loaned again to others, in an effort to encourage growth," he says. "Downing Construction had an investor who paid for the building, and I leased it back. Both of these were very helpful to me, and I would not have been able to start a practice without it."

Spray says he is glad he was able to build his business in Panorama.

"Being in Panorama reminds me a lot of growing up in a small community. The hustle and bustle of a large city is not something I am familiar with," he says. "The community is great because everyone supports everybody. Small businesses support other small businesses. There is a general interest in seeing that everyone succeeds."

Most of the patients for Lakeshore Family Dentistry live in Guthrie County.

"Occasionally there will be a patient who is visiting Lake Panorama from further away who has an issue, but, in general, most are from Guthrie County, with some from Dallas County."

Spray and his wife, Mallory, live west of Dallas Center. Mallory is a fourth-grade teacher at Dallas Center-Grimes. The couple has four children — Parker, Lincoln, Reagan and Spencer — and two German short-haired pointers, Cooper and Tucker.

"We spend most of our time running kids to sporting events," Spray says. "In the off chance I'm not at a child's event, I can be found out-

doors, exercising and training for my first triathlon, or volunteering for True Impact Outdoors, a non-profit organization that takes disabled veterans hunting."

Spray has five employees who help keep the dental practice running smoothly. Sue Bump is a dental assistant who has been with Spray since Lakeshore Family Dentistry opened. Bump assists Spray with dental procedures.

Miseen Hernandez, a dental hygienist, has been with the practice more than six years. Cassidy Voss, also a dental hygienist, has been at Lakeshore for a year. Amanda Vogel also has been with the practice about a year. She assists with dental procedures and fills in at the front

desk. New to the practice is Samantha Wilson, who works at the front desk.

Spray says people should be seen by a dentist every six months, although those with periodontal concerns should see a dentist more frequently. He recommends young children make their first visit to a dentist when the first tooth comes in, or at least by their first birthday.

Lakeshore Family Dentistry is accepting new patients and has recently started offering Invisalign orthodontic treatment. The office is open Monday 8 a.m. to 3 p.m., Tuesday 7 a.m. to 5 p.m., Thursday 8 a.m. to 6 p.m., and Friday 8 a.m. to 3 p.m. The office is closed each Wednesday. The phone number is 641-755-3030. ■

RIBBON CUTTINGS FOR NEW CHAMBER MEMBERS



Rise Up and Shine Coaching held a ribbon cutting on Oct. 7. Kristin Rumelhart, Carol Van Kirk, Erica Matthies, Arianne Steenblock, Julie Wykoff, Julie Fulton and Sue Bump. Rise Up and Shine Coaching is operating out of Restore Wellness Studio at 213 S.E. 13th St. in Panorama.



Restore Wellness held a ribbon cutting on Oct. 7. Sue Bump, Julie Fulton, Carol Van Kirk, Kate Thompson, Erica Matthies, Arianne Steenblock, Jess Malloy, Kristin Rumelhart, Trudy Hastings, Pam Beardsley and Julie Wykoff. Restore Wellness, Restyle, and Reshape Fitness Studio will be hosting a grand re-opening Oct. 22 10 a.m. to 1 p.m. and fundraising for breast cancer awareness. ■

NEW WATER MAIN BEING INSTALLED WEST TO EAST



BY SUSAN THOMPSON
Lake Panorama Times

A bid of \$295,000 was accepted June 17 to bore a new water main under Lake Panorama from Sunset Beach to the east side. The winning bidder was TIMCO, a company based in

Oklahoma. The TIMCO bid was much lower than what both engineers had estimated, and lower than competing bidders, because the company was already mobilized in Iowa for projects in Council Bluffs and Guthrie Center. Total cost of this project, including design and engineering,

is estimated at \$400,000. This line will connect to the existing water main on the east side of the lake in the 4300 range of Panorama Drive. TIMCO mobilized to the site after Labor Day and drilling began soon after. Once the new line is in place, the old water line installed

before the lake existed will be abandoned. Completion is expected the week of Oct. 17.

This project is similar to the last water crossing installation that took place in 2020 in Burchfield Cove. Another old water line near Christmas Tree Point needs to be replaced, and

plans are in the works to re-establish a line from the west side of the lake to the Boulder Beach area.

These water crossing projects are part of an ongoing effort to update critical infrastructure and improve the Lake Panorama Association water distribution system. ■

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TROPHY BULL



Scott Hart participated in a guided elk hunt in northern New Mexico recently and proudly shows his harvest of a trophy bull. This trip was a “bucket list” wish of Scott’s that he says was a trip of a lifetime. Scott and his wife, Trish, have been fulltime residents at Lake Panorama since 2014. ■

BEACH AND GOLF COURSE OUTDOOR RESTROOMS TO CLOSE BY OCT. 31

Restrooms at Boulder, Shady and Sunset Beach, the two Panorama West restrooms on the course and the course restrooms at the LPN will be closed by Oct. 31 and winterized for the season. ■

FLU AND COVID BOOSTER SHOT CLINIC OCT. 14

Guthrie County Public Health is holding a Flu and COVID booster shot clinic at Lake Panorama Conference Center on Friday, Oct. 14 from 10 a.m. to 2 p.m. The COVID booster shot is Pfizer. Guthrie County Public Health has advised this booster is compatible with previous vaccines, even if those original shots were not Pfizer.

Anyone interested should call Guthrie County Public Health at 641-747-3972 to schedule a time. Bring insurance card for flu shots. ■

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Why you should revisit your plan each year

Medicare is not “set it and forget it” health insurance. You need to revisit your plan each year. A little work can save you money and prevent surprises when you visit the doctor or pick up a prescription. If your plan doesn’t meet your needs, you can make changes during the Medicare Annual Enrollment period, which runs from Oct. 15 through Dec. 7.



AnnaMarie Morrow

Each year, you need to check on the three P’s: providers, prescriptions and pharmacies to ensure your plan still covers your preferences. Why? Because insurance carriers frequently renegotiate provider contracts, which can change the terms of your supplement plan.

Start with your providers — these are your doctors and specialists. If they are no longer in-network, it might be time to switch to a different plan or provider.

As for prescriptions, I’ve heard horror stories about people going to the pharmacy to pick up medication and finding out that it’s no longer covered or coverage has changed. The out-of-pocket costs can skyrocket.

Make sure your preferred pharmacy is still part of your network, too. I’ve run the numbers for the individuals and families we work with on this. In one scenario, we found that Meloxicam, an arthritis medicine, costs \$12 for a 90-day refill at an in-network pharmacy and \$1,117.80 at one that is not in-network. That is not the kind of surprise you want to get when you go to pick up your medicine.

Supplement plan changes can also impact your premiums, copays and deductibles, plus other benefits, like X-rays, prosthetic devices and physical therapy. Extra things like gym memberships, chiropractic visits, and meal deliveries are worth checking. These things often get added to — and dropped — from plans. During annual enrollment, you can switch to an Advantage Plan from a traditional Medigap supplement (like Plan F or Plan G). You can also move from one Advantage Plan to another or from one prescription drug plan to another.

Information provided by AnnaMarie Morrow, Director of Medicare, Merkle Retirement Planning, 1860 S.E. Princeton Drive, Grimes, 515-278-1006. Source: Medicare.gov.

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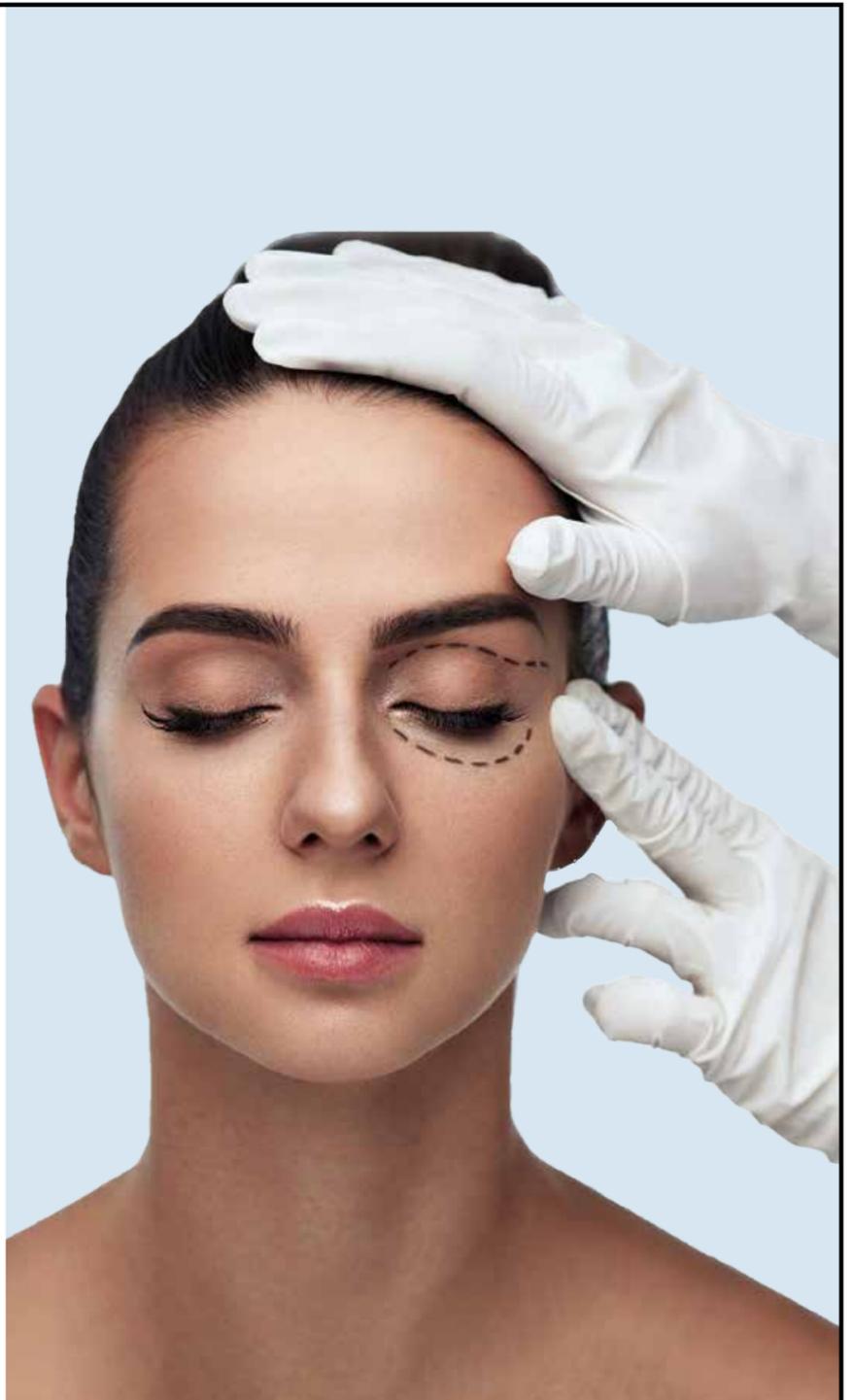
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DREDGE IN THE NARROWS



The LPA dredging operation has moved from above the debris trap in the upper basin into the Narrows. No boating is allowed in the Narrows or upper basin for the rest of the season. Members who own property in these locations, plus barge companies and marina personnel, are allowed at no-wake speed. Additional signage and markers to help boaters safely navigate the dredge pipe are in place. Green markers represent sections of the pipe that are submerged the lowest and are safest to cross. Orange markers represent sections of the pipe that are closest to the surface and should not be crossed. Members should only cross if necessary and should do so by trimming their motors up and proceeding slowly at the green markers. ■

FRIENDS OF LAKE PANORAMA BOARD ALLOCATES 2022 BEACH BALL FUNDS

Basketball court will be expanded to include pickleball.

BY SUSAN THOMPSON
Lake Panorama Times

The Friends of Lake Panorama's Beach Ball July 22 had a profit of \$30,000. At its Sept. 19 meeting, the Friends board of directors decided some funds will be used for projects to be completed this fall, with remaining funds set aside for future projects.

The Friends board earmarked \$17,500 of 2022 Beach Ball proceeds for a basketball half-court at Sunset Beach. The LPA board approved this project at its June 2021 meeting. Now, plans have expanded to make it possible for those interested to also play pickleball on the court.

The idea of expanding the basketball court to include pickleball was raised at an informational meeting at Sunset Beach earlier this summer. Plans for a 40-foot by 50-foot court were underway, but going to 40-feet by 60-feet makes it possible to accommodate pickleball. A portable net on wheels will be stored to one side of the court.

Sport Construction Midwest, headquartered in Adel, was the vendor for the Boulder Beach sports courts and now is assisting with the Sunset Beach sports court. Once the concrete pad is ready, company employees will install a new Goalsetter MVP hoop, place sports court tile on the concrete, and paint lines for both basketball and pickleball. An 8-foot-high fence and one gate will finish off this project.

Mark and Karen Einck, who matched donations of \$25,000 for the Boulder Beach basketball court, now have donated \$25,000 for the Sunset Beach court. Another \$5,000 in donations also has been received. Donations for this project will continue to be accepted through Nov. 1, with donors of \$500 or more recognized on a sign at the court. If more money is raised than needed for the court, extra funds will be used for one or

more benches near the court.

Construction on the new sports court at Sunset Beach will begin in October, and weather permitting, the project will be done this fall.

The Friends board also voted to use \$4,500 raised at the 2022 Beach Ball to purchase benches and trees for the Lake Panorama dog park. Two metal benches and four Autumn Blaze Maples from Isom Tree Farm have been purchased. The 6-foot benches will be placed on concrete pads, with one near each of the two sugar maple trees donated and planted a year ago by Isom Tree Farm.

Larry Isom installed the four new maple trees Oct. 7, volunteering his time to plant and water the trees. Two went into each side of the dog park and are planted so the three trees on each side will form a canopy of shade as they mature.

The dog park, which opened June 10, is available during daylight hours. There are two sides, one for large dogs and one for small dogs. It is at the corner of Sage Trail and East RV Road, near the east campground. The park was financed by \$50,000 in donations through the Friends of Lake Panorama.

The remaining 2022 Beach Ball profits will be held in reserve until these projects are complete. Additional allocations will be made at a later date, with at least some going to support enhancements to the walking and cross country trail network on Lake Panorama's south shore.

Tax-deductible donations to the Sunset Beach sports court, the south shore trail system, or the Friends general fund can be made at any time by check payable to Friends and mailed to Friends of Lake Panorama, P.O. Box 488, Panorama, Iowa, 50216. Donations also can be made using Venmo to @Panorama-Friends, or by credit card on the Friends website at friendsoflakepanorama.org. ■

PANORAMA WEST NATURE TRAIL SLATED FOR COMPLETION THIS FALL

BY SUSAN THOMPSON
Lake Panorama Times

The final pieces of a project that received 2021 Beach Ball funding are expected to fall into place in the next few weeks. A total of \$5,000 was committed to the Panorama West Nature Trail, plus some private donations were received.

A survey conducted in April 2019 by Friends of Lake Panorama showed strong LPA member interest in walking trails at Lake Panorama. A Friends board task force was created to explore options. It was decided an existing trail being used by a limited number of people and the Panorama school's cross country teams would be perfect as a designated nature trail.

Approval by the LPA board at its August meeting to allow the school to move cross coun-

try practices and meets to the south shore means the Panorama West trail won't be used by the school after the 2022 season.

Seven trail marker posts with directional signage to keep users on the official trail, a trailhead sign, and two street signs for Nicholl Drive will be installed by LPA maintenance staff in the near future.

Parking for the Panorama West Nature Trail is in a cul-de-sac at the end of Nicholl Drive, which intersects with Panorama Road just south of the Panorama West clubhouse. The trailhead sign that will be installed near the parking area features a drawing of the trail created by Dan Badding.

At the three-quarters mile mark, there is an optional three-quarters of a mile loop. Those who use the official trail, plus the optional loop, will com-

plete 2.25 miles. Two backless benches recently were installed along the trail.

The trail winds through grassy open areas and timber, and does not cross any portion of the golf course or roadways. For safety reasons, and in compliance with current LPA rules, users of the trail may include hikers, runners, cross-country skiers and dogwalkers, but no motorized vehicles.

At its Sept. 19 meeting, the Friends of Lake Panorama board reviewed the financials for the Panorama West Nature Trail. Because of the level of private donations received for this project, only \$2,000 of the \$5,000 allocated from the 2021 Beach Ball was needed. The remaining \$3,000 will be moved to a fund for the trail network being developed on Lake Panorama's south shore. ■

CHECK OUT THE HAUNTED VILLAGE ON OCT. 16

Guthrie County Historical Village offers a children's Halloween activity.

Join the Guthrie County Historical Village on Sunday, Oct. 16 from 5-7 p.m. for the ever-popular Haunted Village, as the Historical Village turns into a Haunted Village for little ghosts and goblins.

This event has been held more than 15 years, and activities for the evening include games, fortunes, tattoos, stickers, treats, storytelling, the haunted museum and a hay ride. New activities this year will include "The Fur Case" by Guthrie County Conservation and a Haunted Recital by the piano students of Rachee' Lombard.

Several local organizations work together for this

event including Little Panther Daycare, Panora P.E.T.S., Lakeside Village, Panora Lions Club, W.F.P.F., Guthrie County Conservation, and the GCHV Foundation. This is a popular event with more than 200 children attending in past years.

The Haunted Village is for children fifth grade and younger. All children must be accompanied by an adult and must stay with their adult at all times. Admission is free. Costumes, even for adults, are encouraged and don't forget to bring a bag for all of the goodies.

The Guthrie County Historical Village is located at 206 W. South St. in Panora. Learn more at thegchv.com. ■



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RECIPE

SIMPLE FAMILY MEALS FIT FOR FALL

BY JOLENE GOODMAN

(Family Features) Maintaining a healthy eating plan can be challenging year-round, and busier fall schedules can make those goals even more difficult. Finding easy-to-make favorites can keep you and your loved ones on track as you navigate those hectic moments this autumn.

One simple yet delicious solution: Chopped Salad Kits and Sheet Pan Meal Starter Kits from Dole, which make it easy to incorporate vegetables without the hassle of kitchen prep. Take the guesswork out of meal planning for your time-starved family with these limited-ingredient, kit-based dishes.

Mexican Street Corn Bowls with Grilled Chicken provide a perfect balance of hearty yet nutritious flavor while taking advantage of the convenience

of prepackaged ingredients. Perfect for fall weather, Roasted Chicken and Vegetable Soup requires just three ingredients and hungry loved ones for a filling meal worth celebrating.

For more original easy-to-make fall recipes, nutritional insights and information, visit Dole.com or follow on Facebook, Instagram, Twitter and Pinterest. ■

Jolene Goodman is the advertising director for Lake Panorama Times and vice president of Big Green Umbrella Media.



Jolene Goodman

ROASTED CHICKEN AND VEGETABLE SOUP

Prep time: 15 minutes
Cook time: 35 minutes
Servings: 4

- 1 Dole Homestyle Roasted Herb Sheet Pan Meal Starter Kit
- 1 container (32 ounces) chicken broth
- 1 cup whole-wheat pasta shells, cooked

- Prepare sheet pan meal starter kit according to package instructions. Transfer to cutting board and carefully cut chicken and vegetables into 1/2-inch pieces.
- In medium saucepot over medium-high heat, bring chicken broth to simmer. Stir in pasta shells, chicken and vegetables. Reduce heat to medium. Cook five minutes, or until heated through, stirring occasionally.



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TRISH HART'S NATURE PHOTO OF THE MONTH



SEPTEMBER HARVEST MOON SHINES BRIGHT

BY SUSAN THOMPSON
Lake Panorama Times

On Sept. 8, using her Panasonic digital camera, Lake Panorama photographer Trish Hart captured the 2022 September Harvest Moon as it rose in the east. The Harvest Moon is the full moon closest to the September equinox, which marks the sun's crossing above Earth's equator, moving from north to south. For those of us in the Northern Hemisphere, that happened this year Sept. 22.

It's believed the name "Harvest Moon" came from farmers in the Northern Hemisphere, in the days before tractor lights, as the September moon helped them continue their work

past sunset. The name was popularized by the 1903 song "Shine On Harvest Moon."

It seems these September Harvest Moons are bigger and more orange, but that's not true. Often, we look at a full moon shortly after sunset, when it's near the horizon. It's that location near the horizon that makes the Harvest Moon look bigger. The orange color is a physical effect, because when we look toward the horizon, we're looking through a greater thickness of Earth's atmosphere than when we look up and overhead.

Hart offers custom prints of her photos on canvas, paper, metal and glass. Learn more by visiting Nature's Canvas Photography on Facebook. ■

LAKE DOG & COVE CAT

By CHERYL TEMPLE
Lake Panorama Times

LAKE DOG

Name: Leo
Age: 8
Breed: golden retriever
Owner: Dillon Temple

Leo enjoys coming to Lake Panorama for the weekends and is a great greeter to those coming into Party Cove. With his fluffy tail wagging, he runs down the dock to greet visitors. Leo prides himself in keeping the cove clean by retrieving the floating logs. Leo's biggest pet peeve is not being able to swim due to the green algae.



COVE CAT

Name: Charity
Age: 2-3
Breed: tortoiseshell tabby

Charity and her litter of kittens were found by an elderly couple on April 15 (Tax Day). They took care of the family until Panora Pets was able to take them in. They named her Charity, and all her kittens were given tax-themed names. Charity is a low-maintenance, gentle and mild-mannered kitty. She enjoys other gentle kitties, too! Meet Charity at Panora Pets. ■

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(515) 619-8814

3035 99TH STREET

URBANDALE, IA






HEART OF GUTHRIE COUNTY

Holiday Showcase

Shopping Event

NOVEMBER 3, 4 & 5

Most businesses open until 8pm Thursday and 4pm Friday & Saturday

Guthrie Center

<p style="font-weight: bold; font-size: 14px;">Cabbage Rose Restaurant</p> <p style="font-size: 10px;">Homemade soups & sandwiches Nov 3rd 5:30pm-7:30pm. Open Nov 5th & 26th serving soups & sandwiches 11am-1pm</p>	<p style="font-weight: bold; font-size: 14px;">Dub P Apparel</p> <p style="font-size: 10px;">Make your own apparel station downtown Guthrie Center</p>	<p style="font-weight: bold; font-size: 14px;">Nine Lives</p> <p style="font-size: 10px;">25% off one item</p>	<p style="font-weight: bold; font-size: 14px;">OMaura Skin</p> <p style="font-size: 10px;">20% off all orders NOT including healing sessions Refreshments</p>	<p style="font-weight: bold; font-size: 14px;">Dowd Drug</p> <p style="font-size: 10px;">40% off one holiday decor item and free gift with purchase while supplies last</p>	<p style="font-weight: bold; font-size: 14px;">Pink Poppy Apothecary</p> <p style="font-size: 10px;">Gift with purchase. 20% off one regular priced item, decadent desserts and drinks.</p>	<p style="font-weight: bold; font-size: 14px;">Art On State</p> <p style="font-size: 10px;">20% off membership dues and kids make and take activities</p>
<p style="font-weight: bold; font-size: 14px;">Strawberry Patch</p> <p style="font-size: 10px;">Receive a coupon at the door, giveaway, refreshments</p>	<p style="font-weight: bold; font-size: 14px;">Pearls & Lace</p> <p style="font-size: 10px;">25% off one item, refreshments, giveaway basket</p>	<p style="font-weight: bold; font-size: 14px;">Cut Loose</p> <p style="font-size: 10px;">\$100 Gift Certificate for \$90</p>	<p style="font-weight: bold; font-size: 14px;">Gap Creek Quilting</p> <p style="font-size: 10px;">BOGO FREE Fat Quarters Friday & Saturday</p>	<p style="font-weight: bold; font-size: 14px;">Cafe on the Hill</p> <p style="font-size: 10px;">\$25 gift card for \$20, Friday Night Fish Fry</p>	<p style="font-weight: bold; font-size: 14px;">Incredibowl</p> <p style="font-size: 10px;">Free soda w/ purchase of a sandwich, Thurs-Fri 11-1 & 5-10, Sat 5-10</p>	<p style="font-weight: bold; font-size: 14px;">Midwest Blooms & Co</p> <p style="font-size: 10px;">\$25 grab and go Bouquets</p>

Panora

<p style="font-weight: bold; font-size: 14px;">T&K Designs</p> <p style="font-size: 10px;">25% off on regular priced item and free bath bomb with every purchase</p>	<p style="font-weight: bold; font-size: 14px;">Crafty's Coffee</p> <p style="font-size: 10px;">Open until 8pm Thursday, Friday & Saturday until 4pm</p>	<p style="font-weight: bold; font-size: 14px;">Twin Vines</p> <p style="font-size: 10px;">Stop in for local wines and Iowa Craft Beers! Open Thursday & Friday 3pm-7pm, Saturday 1pm-5pm</p>	<p style="font-weight: bold; font-size: 14px;">Restore Wellness Studio</p> <p style="font-size: 10px;">Various discounts & service add-ons/upgrades from our service providers</p>	<p style="font-weight: bold; font-size: 14px;">Rise Up and Shine Coaching</p> <p style="font-size: 10px;">Free Book with package purchase Call/text 515-537-5330</p>	<p style="font-weight: bold; font-size: 14px;">Restyle Decor & Consigned Furniture</p> <p style="font-size: 10px;">10% off entire purchase 11/3-11/5 Sip & Shop Friday 2-6 including Botox party & wish lists</p>	<p style="font-weight: bold; font-size: 14px;">Reshape</p> <p style="font-size: 10px;">20% off NEW client memberships, excludes class packs; contact us at reshapepanora@gmail.com</p>	<p style="font-weight: bold; font-size: 14px;">Bella Sorella Boutique</p> <p style="font-size: 10px;">25% off one regular priced item. Treats & door prizes</p>
<p style="font-weight: bold; font-size: 14px;">Quinnebago Outdoors</p> <p style="font-size: 10px;">Find us on Facebook for more details</p>	<p style="font-weight: bold; font-size: 14px;">Lexie Lou's Crafts & Gifts</p> <p style="font-size: 10px;">Find us on Facebook for more details</p>	<p style="font-weight: bold; font-size: 14px;">Big Green Umbrella Media</p> <p style="font-size: 10px;">Open House Friday, from 4pm-6pm at 111 E Main</p>	<p style="font-weight: bold; font-size: 14px;">Tribe Boutique</p> <p style="font-size: 10px;">20% off one item</p>				

Over 20 Panora & Guthrie Center Chamber businesses participating!

CHANCE TO WIN BIG PRIZES!

Scan for more event information.



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