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A BIG GREEN UMBRELLA MEDIA PUBLICATION  WWW.LAKEPANORAMATIMES.COM JULY 2022 | VOLUME 53 | NUMBER 7

GOLF COURSE LANDSCAPING INVOLVES MANY VOLUNTEERS

BY SUSAN THOMPSON
Lake Panorama Times

Lake Panorama National and Panorama West boast flowers throughout the golf season on tee boxes and other locations. Most of these displays are the result of volunteers who not only purchase and plant flowers but also weed, water and decorate.

Lake Panorama National has volunteers who help clean beds and add flowers on most of the golf holes and areas near the conference center.

On the first tee, Scott and Becky Rolfes manage the landscaped beds near the tee box and the flagpole area. Carolyn Koberg provided some of the perennials planted in that area. Trish Steffen handles the landscaped area on the back tees on the second hole.

Doug and Dee Eckley and Lorrie Motsick team up to manage the tee box on the third hole. Julie and Larry Wykoff manage the landscaped area around the bathrooms between the fourth and fifth hole.

Mare and Rick Langel manage the landscaped area under the LPN sign on the east side of the conference center. The landscaped area closer to the east side of the conference center is handled by Sue Merryman, who has planted rose bushes and other perennials. Merryman also tends to the Irv Gerlich Memorial area north of the building. Each year, Nancy Armstrong fills two pots near the building entrance with annuals, and keeps those watered. Julie Tibbles and Sherri Miller care for landscaped beds on the west

LANDSCAPING, PAGE 4



Scott and Becky Rolfes volunteer on the first tee box at Lake Panorama National. The large, landscaped area includes perennial shrubs and flowers, plus a flagpole. Some of the perennial plants were provided by Carolyn Koberg.



This landscaped bed under the Lake Panorama National Resort sign on the east side of the conference center is kept weed free by Rick and Mare Langel. A new addition to the sign this year is the American flag.

TICKETS REMAIN FOR JULY 22 BEACH BALL FUNDRAISER

Those attending the Beach Ball have several price levels from which to choose.

BY SUSAN THOMPSON
Lake Panorama Times

Plenty of tickets and a few table sponsorship opportunities remain for the fifth Friends of Lake Panorama Beach Ball fundraiser. The event will be Friday, July 22 at Lake Panorama National. Plans include 30 round tables with seating for eight at each with a choice of tables in the LPN banquet room or outside

under tents.

The Friends board met June 27 and decided to channel all Beach Ball profits to two projects. One is a multi-use recreational area on Lake Panorama's south shore that received approval from the LPA board of directors at its May 24 meeting. Items in this recreational concept include a disc golf course, walking trails, fishing dock, bird houses and a small picnic shelter.

Another project approved by the LPA board in June 2021 that will receive 2022 Beach Ball funding is a basketball half-court at Sunset Beach. More information will be available at the event, and attendees will be able to make direct donations to specific projects.

Those attending the Beach Ball have several price levels from which to choose. Friends Beach Club members make an additional contribu-

tion to Friends and get some extras. The levels are:

Friends Beach Club - Premier: \$700—includes 1 Table Sponsorship; 8 Fundraiser Dinner Tickets; 20 tickets in the 50/50 raffle; Name in the 2022 Beach Ball program

Friends Beach Club - Sponsor: \$150—includes 1 Table Sponsorship; Name in the 2022 Beach Ball program

Friends Beach Club - Couple:

\$250—includes 2 Fundraiser Dinner Tickets; 5 tickets in the 50/50 raffle; Name in the 2022 Beach Ball program

Dinner tickets are available at a cost of \$50 each. Since the LPN kitchen staff recently resigned, arrangements have been made with a caterer to provide the meal. Cash bars will be available both inside

BEACH BALL, PAGE 5

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ON THE LAKE

ANOTHER NEWSPAPER IN THE FAMILY

BY SHANE GOODMAN
Editor and Publisher

If you are a regular reader of this publication, you know by now that I am not your traditional newspaper publisher. That's a necessary thing, as the traditional model of newspapering is clearly broken. I am convinced of that, and you likely are, too.

Meanwhile, I just bought the Guthrie County Times Vedette, a traditional paid subscription weekly newspaper. Of course, I am biased, but I believe that local media ownership is important, as I have seen too many out-of-staters — and even out-of-towners — destroy newspapers and the hearts of the communities they were supposed to serve. I say that carefully, as our company is based in Johnston. The difference, I hope, is that we live here and work here and play here.

Big Green Umbrella Media has changed a great deal since I started it in 2003. It had to, or we wouldn't be here today. The Times Vedette will change, too. How, exactly? I don't yet know. Much like what I did with this paper, I need to listen and learn first.

But why would a guy without faith in traditional newspapering dive into a traditional newspaper? Three reasons.

First, I care about this county and the people who call it home. I have gotten to know many great people. I see passion in Guthrie County, and that inspires me.

Second, I am seeing too many publishers from outside the area marketing to each of you to come to their counties and spend your dollars. I want to help Guthrie County businesses grow by marketing their goods and services locally. And I want to convince the residents of this county to buy here first and maybe even join in the fun and open a business or two as well.

Third, I believe I can take some of what I have learned through the years and apply it to a paid subscription newspaper, too. It will take time, patience, a financial investment and trust, but I believe it can happen. Just be patient with me, please.

And finally, I ask that you support local journalism. If you are a subscriber to the Times Vedette, I sincerely thank you. If you are not, please consider writing a check for \$34 and mailing it to Big Green Umbrella Media, 8101 Birchwood Court, Suite D, Johnston, Iowa 50131. (We will have an online subscription order form up soon.)

I also ask for your feedback as we move along. What do you like about the Times Vedette today? What do you not like? What would you like the newspaper to include that it doesn't already? How can it work together with the Lake Panorama Times to better the lake community, Panora, Guthrie Center and all of Guthrie County? Shoot me an email or give me a call. I look forward to this journey with you.

Thanks for reading. ■

Shane Goodman
Editor and Publisher
shane@dmciview.com
515-953-4822, ext. 305



Shane Goodman

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LOCAL FILM REVIEWS

BASKETBALL, DINOSAURS, A TOY, AUTISM, ELVIS AND MORE

BY MICHAEL C. WOODY

There is nothing better than a cold, dark movie theater to escape the heat and humidity of the summer. Here's your latest look at your theater options in July and a few opportunities to watch from home.

"Hustle" (in theaters and on Netflix)

Adam Sandler plays an NBA assistant coach with dreams of a greater role with the team. When the ownership changes, he finds himself on the outside looking in and grabs an unwanted player to personally train him to make the NBA. I'm not an Adam Sandler fan, but this is a great sports movie with enough heart to keep a non-sports fan entertained. It might end up being one of the best movies I see this year. I didn't see that coming. **Grade: A-**



"Jurassic World: Dominion" (in theaters)

Like a lot of people, I got suckered into thinking that, with the original cast for the most part back in tow, this could be a special movie. That could not have been further from the truth. This is an overly long, overly loud mess. The action scenes are nothing special, although the special effects are impressive. There is barely a sliver of a story that can't hide the fact that the movie is really bad. **Grade: D**



"Lightyear" (in theaters)

According to the movie's early info, this is the movie that inspired the Buzz Lightyear toy in the "Toy Story" series. That is why the complaint that Tim Allen does not do the voice work is a moot point. He voices the toy; Chris Evans voices the actual character. Complaint No. 1 answered! The story follows an ace pilot who fails at his current mission to circle a planet in his ship. He refuses to give up and keeps trying, for years. The problem is that he stays the same age for each mission, but everyone

else on the base ages. It's a movie full of great action, some truly funny moments and wonderful voice work. OK, complaint No. 2... one of the characters in the film, a woman, is seen in a brief scene with her children and what is obviously her wife. She gives her wife a very loving hug and short kiss in one scene. This shot, which might last 10 seconds, has caused great uproar and boycotts from many Middle Eastern countries. It is too bad that many families won't take their families to see this fun movie due to the protests. Their loss. **Grade: B+**



"Cha Cha Real Smooth" (Apple TV+)

A young man trying to find his place in life strikes up an interesting friendship with a woman and her daughter who is on the autism spectrum. The young man, played beautifully by newcomer Cooper Raiff (who also wrote and directed the film) is a real find. Dakota Johnson plays the mother of the girl who also has piqued the interest of this young man. This is a heartwarming comedy full of great laughs, an important message and a standout performance by Raiff. **Grade: B+**



"Obi Won Kenobi" (Disney Plus)

A short catch up of the Disney+ series. One word: WOW! What a great way to show up part of the back story between Obi Won and his nemesis Darth Vader. **Grade: A-**



"Under the Banner of Heaven" (Hulu)

I also finished the Hulu series based on the Jon Krakauer book about a horrible murder in the Mormon community. Another spectacular performance by Andrew Garfield. Rough subject matter for sure but still worth watching. **Grade: B+**



"Elvis" (in theaters)

Writer/director Baz Luhrmann's (The Great Gatsby and Moulin Rouge) biopic on the life of the legendary singer, Elvis Presley. Austin Butler gives the performance of his life as the singer, and he looks amazingly like Elvis. The movie is about 30 minutes too long and is also dragged down by a weird Tom Hanks performance as Elvis' manager Colonel Tom Parker. Priscilla Presley also doesn't add much to the picture. But, that being said, it is an excellent look at the man who became the legend, and the music is fabulous. **Grade: B+**

The holiday deadline made it tough to get to "The Black Phone," but I'm sure many of you would prefer that anyway! Happy Fourth of July, and I'll be back next month with reviews of more summer movies including "Minions: the Rise of Gru," "Thor: Love and Thunder," "Where the Crawdads Sing," "Nope" and maybe "The Black Phone." ■

Michael C. Woody has been reviewing movies on radio and television since 1986 and can be heard talking movies every Wednesday afternoon at 2:30 p.m. on KXn0 106.3 with Keith Murphy and Andy Fales. You can also follow him on Twitter @MrMovieDSM. He and his wife, Susan, are residents of Lake Panorama.



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Don't Be Your Own Worst Enemy

One of the most well-known investors of the 20th Century, Benjamin Graham, said "the investor's chief problem—and even his worst enemy—is likely to be himself." What Graham understood is the idea that we all have emotions and biases that affect our decision-making. Here are a few of the human emotions and biases that can adversely impact sound investment decision-making:

- Fear and Greed** — Two of the most powerful emotions that move investors and investment markets. Each clouds our capability for rational decision-making. Some investors have found a way to conquer these emotions, be brave when everyone else is fearful, and resist the temptations of a too-exuberant market.
- Overconfidence** — Noted economic historian Peter Bernstein argued that the riskiest moment may be when we feel that we are right. It is at that precise moment that we tend to disregard all information that may conflict with our beliefs, setting ourselves up for investment surprise.
- Selective Memory** — Human nature is such that we tend to recast history in a manner that emphasizes our successes and downplays our failures. As a result, we may not benefit from the valuable lessons failure can teach. Indeed, failure may be your most valuable asset.
- Prediction Fallacy** — Humans have an innate desire to recognize patterns and apply these patterns to predicting the future. We erroneously believe that because "A" occurred and "B" happened that if "A" happens again, we can profit by anticipating that "B" will repeat. Market history is littered with examples of "rules of thumb" that have worked until they no longer worked.

Financial markets are complex and unpredictable. Visit investgcsb.com to read this full article. As always, contact our office to discuss your Risk Number, and how a diversified and disciplined portfolio may help you reach your goals.

Kristen Crouthamel, AIF®, Financial Advisor

GUTHRIE CENTER: 413 State Street • Guthrie Center, IA 50115
PANORA: 505 East Main Street • Panora, IA 50216
EM: kristen@investgcsb.com • PH: 641.755.2799
MOBILE (VOICE): 641.757.2737 • MOBILE (TEXT): 641.450.1868



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LANDSCAPING

FROM PAGE 1

side of the conference center, near the parking lot.

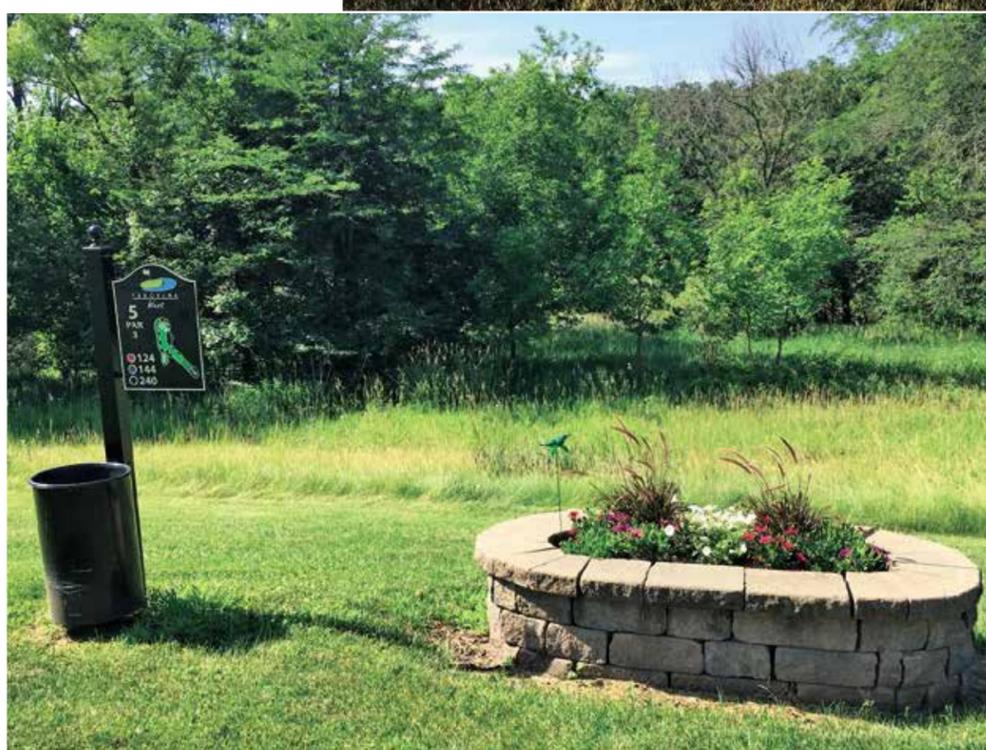
A flower bed that runs along the rail fence behind the back tees on the fifth hole has been adopted by Bill Winkleblack. Janet Luing cares for the forward tees on the fifth hole. Winkleblack also cares for landscaped beds around Spikes and the swimming pool and recently added large rocks and flower pots to the entrance of the LPN pro shop parking lot.

Doug Eckley and other members of the Kluster Klub have taken over the forward tee box on the sixth hole this year. Darwin and Janet Luing are overseeing the back tee box on the seventh hole, and Kathy Moline handles the front tee box on that hole. Sue Greiner plants annuals each year on tee boxes on the eighth hole.

Moving to the back nine, Lisa Grossman and Shanell Wagler have the 11th tee and Kim Kent has the 12th tee. Barb Wollner plants flowers behind the forward tee on the 13th hole. Jolene Wright adopted



This landscaped bed on the 11th hole between the cart path and the forward tee box is managed by Shanell Wagler and Lisa Grossman.



This flower bed on the fifth tee box at Panorama West was planted and is being maintained this year by Trent and Sheryl Crawmer.

the 14th hole this season, and Carla Fitzgerald has the 15th hole. Matt and Marilyn Schultes have the 16th tee, and Dee Tometich and Deb McDermott manage the 17th tees.

Areas up for adoption on the LPN golf course are the fourth, ninth and 10th holes and around the restroom between the 12th and 13th holes. If you are interested in volunteering at Lake Panorama National, contact Shanell Wagler at shanell.wagler@gmail.com or 515-371-0505.

At Panorama West, there are raised brick planters on each tee box. Volunteers for 2022 are Virgil and Barb Hoehne, first hole; Bill and Karen Eby, second hole; Lyle and Paula Hansen, third hole; Chan Rivera, fourth hole; Trent and Sher-

yl Crawmer, fifth hole; Dick Ellis, sixth hole; John and Cheryl Crawmer, seventh hole; Jim and Emily Spradling, eighth hole; and Jay and Sue Merryman, ninth hole.

Bob White cares for the par 4 tee box on the second hole. JoAnn Johnson planted annuals in the clubhouse flowerpots this year. Johnson and Paulette Chambers did a general spring cleanup of the flower beds around the clubhouse. Paul McCool manages the bluebird houses scattered around the course.

Maureen Lubeck, Panorama West clubhouse manager, coordinates volunteers there. Those interested in helping can email her at mlubeck@lakepanorama.org or call the pro shop at 641-755-2250. ■

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BEACH BALL

FROM PAGE 1

and outside beginning at 4:30 p.m. and running through the evening. The buffet dinner will be served at 6 p.m.

To become a Friends Beach Club member, or purchase just dinner tickets, contact Susan Thompson, thomcomm@netins.net, or 515-240-6536. Those who have items to donate for either the live or silent auction are asked to contact Thompson with details of the item and to arrange pickup or delivery.

Registration will begin in the LPN dining room at 4:30 p.m. and run for one hour. Tickets for the 50/50 raffle will be sold at registration and throughout the evening, cash only. Little Joe McCarthy will provide live music outdoors, where there will be extra chairs available for those who are seated at tables inside but want to enjoy the music for a while.

A wide selection of gift baskets, artwork, home décor items, golf packages, gift cards and much more will be available for bidding in the silent auction. The drawing for the 50/50 raffle winner will take place right before the live auction begins. The silent auction will end at the same time.

Some items of interest to Iowa State fans



There will be about 75 items on the Beach Ball silent auction. Some of those items are shown here, including a 48-pack case of Stine Microwave Buttered Popcorn, donated by Bill and Karen Eby; two solid wood birdhouses handcrafted by Steve Brannan and donated by him and his wife, Rita; five \$50 Casey's gift cards; an 11 inch by 14 inch canvas print of a red fox against a snow background, made from a photo taken by Trish Hart and donated by Trish and Scott Hart; and a boxed set of two cornhole boards with eight bags, donated by Kurt and Jana Schade.



This painting by Dan Badding measures 37 inches by 37 inches and is titled "Wipe Out." Badding says most of his paintings have song titles, and this one is named for the 1962 surfer instrumental made famous by The Surfaris. The heavy texture is white roofing coating with mixed media blue paints. Badding also made the solid wood frame. This piece of art has a retail value of \$695 and will be sold at the Beach Ball live auction.

that will be in the live auction include a football signed by ISU Coach Matt Campbell and a basketball signed by ISU Coach T.J. Otzelberger, both in display cases. A Cyclone football package includes four tickets in the athletic director's suite in the Jacobsen Building for the Sept. 24 ISU versus Baylor football game, plus a parking pass, food and drinks. There also will be both Cyclone and Hawkeye

cast iron skillets, donated by Progressive Foundry.

Two other live auction items donated recently include a set of solid wood red, white and blue bag boards, handmade by Kurt Johnson. Dan Badding, who with his wife, Sue, opened their Badd Bones Gallery and Studio in Bagley in March 2021, has donated one of his paintings, titled "Wipe Out."

For those unable to attend the Beach Ball but who still want to support the efforts of Friends of Lake Panorama, tax-deductible donations can be made at any time by check payable to Friends, and mailed to Friends of Lake Panorama, P.O. Box 488, Panora, Iowa, 50216. Donations also can be made through Venmo @Panorama-Friends, or by credit card on the Friends website at friendsoflakepanorama.org. ■

Panorama Days

AUGUST 5TH 6TH & 7TH

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FRIDAY, AUGUST 5TH		
TIME	EVENT	LOCATION
1:30PM	Cribbage Tournament REGISTRATION	Community Center
2:00PM	Cribbage Tournament <i>Sponsored by Stine Seed</i>	Community Center
4:00PM	Selfie Stand <i>Sponsored by Lake Panorama Realty</i>	Town Square Park
4:00PM	Vendors Open	Town Square Park
4:00-6:00PM	Live Music: Brick Imerman	Gazebo
4:00-6:30PM	Local Farmers' Market	West Side of Square
4:30PM	Chalk the Block ALL AGES	Town Square Park
5:00-6:00PM	GCHV Open House/Pullman Train Car Tours FREE ADMISSION <i>Ribbon Cutting-5:10pm</i>	Guthrie County Historical Village
6:00-7:00PM	Main Street Dance Studio Performs <i>Sponsored by Main Street Dance Studio</i>	Stage/Town Square Park
6:30-8:00PM	Cruise The Loop - All Types of Cars Welcome <i>Hosted by Retro Lux</i>	Panora Auto Parts - Start Point
7:00-7:30PM	KIDS' Cake Walk <i>Sponsored by WFPF</i>	Vets Auditorium
7:00-8:30PM	Bill Riley Talent Show <i>Sponsored by Main Street Dance Studio</i>	Stage/Town Square Park
8:30PM	Little Miss/Mister Panorama Days Announced	Stage/Town Square Park
8:30-11:30PM	STREET DANCE: LIVE MUSIC BY CHARM SCHOOL DROPOUTS	STREET IN FRONT OF GAZEBO
	<i>FREE ADMISSION Sponsored by Wood Duck Landscapes</i>	
SATURDAY, AUGUST 6TH		
TIME	EVENT	LOCATION
5:00AM	Bass Fishing Registration	Lake Panorama Marina
5AM-1:30PM	Bass Fishing Tournament <i>Sponsored By Fin & Feather</i>	Lake Panorama Marina
7:00AM-12:00PM	Pancake Breakfast <i>Served by Brethren Church</i>	Community Center
7:15-7:45AM	Panorama Days 5K & Kids Warrior Run Registration	Front of Library 1st Street
8:00AM	Panorama Days 5K Run <i>Sponsored by RESHAPE</i>	Front of Library 1st Street
9:15-9:45AM	KIDS' Warrior Run 10 & Under FREE	Main Street
9:00AM	Selfie Stand <i>Sponsored by Lake Panorama Realty</i>	Town Square Park
9:00AM	Parade Registration	Panorama Elementary School
10:00AM	PANORAMA DAYS PARADE	Main Street
10:00AM	Vendors Open	Town Square Park
1:00-4:00PM	KID ZONE \$5 UNLIMITED ACCESS TO INFLATABLES, JOUSTING ARENA	TOWN SQUARE
	MECHANICAL BULL, FACE PAINTING, BALLOON DUDE, & CARICATURE	
11:00AM-1:00PM	Annual Beef Burger Meal	First Christian Church
11:00AM-4:00PM	Classic Car Show <i>Hosted By PJ's</i>	PJ's E Main Street & 6th
11:00AM-3:00PM	Music	Gazebo/Stage
12:00PM	Citizen of the Year/Parade Winners Announced	Gazebo
12:30-1:15PM	Cutest Baby Contest <i>Sponsored by Lakeside Village</i>	Gazebo
12:30PM	Bags Tournament Registration	Main Street
1:00-4:00PM	Bags Tournament <i>Sponsored by Active Health Solutions & Key Mortgage Group</i>	Main Street
1:00-3:00PM	Bingo <i>Hosted & Sponsored by Guthrie County State Bank</i>	Community Center
2:30PM	Lake Panorama Ski Show	Lake Panorama - South Shore
6:00PM	Alumni Banquet <i>5:00PM Social Hour</i>	Community Center
9:00PM	Port Tiki Bar Live Entertainment	Port
9:30PM/DUSK	FIREWORKS <i>Sponsored by Lake Panorama Association</i>	LAKE PANORAMA - SOUTH SHORE
SUNDAY, AUGUST 7TH		
TIME	EVENT	LOCATION
8:00AM-12:00PM	Community Breakfast <i>Served By JUNIOR CLASS</i>	Community Center
8:15AM	Registration Kids Fishing Derby	Lake Panorama Marina
9:00-11:00AM	Kids Fishing Derby	Lake Panorama Marina
12:30PM	Annual Panorama Alumni Golf Tournament Registration	Par 3 West
1:00PM	Annual Panorama Alumni Golf Tournament	Par 3 West
5:00-6:00PM	Gospel Music Festival	Brethren Church 200th Rd
6:00-7:00PM	Sandwiches/Ice Cream Social	Brethren Church 200th Rd

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WALK TO END ALZHEIMER'S IN PANORA AUG. 13

There are 18 walks scheduled in Iowa this fall, with the Panora walk being the first one held in the state this year.

BY SUSAN THOMPSON
Lake Panorama Times

For the second year in a row, the Alzheimer's Association Walk to End Alzheimer's will be held in Panora. These fundraising events are held annually in more than 600 communities nationwide and constitute the world's largest fundraiser for Alzheimer's care, support and research.

The walk in Panora is Saturday, Aug. 13 and is titled the Raccoon River Valley Walk. There are 18 walks scheduled in Iowa this fall, with the Panora walk being the first one held in the state this year. Panora also is the smallest town to host one. Others are in cities such as Ames, Cedar Rapids, Council Bluffs, Des Moines, Fort Dodge, Iowa City, Mason City, Ottumwa, Sioux City, Spencer and more.



Panora's first-ever Walk to End Alzheimer's took place in September 2021. This photo taken last year shows walkers leaving from Michael Mills Memorial Park in Panora and heading to the Raccoon River Valley Trail. Eighty walkers raised more than \$20,000 in 2021. The 2022 goal for the Raccoon River Valley Walk is \$27,000.

One in three seniors dies with Alzheimer's or another dementia. More than six million Americans are living with the disease. In 2021, Alzheimer's cost the United States \$355 billion, a number that is projected to rise to more than \$1.1 trillion in 2050.

The Raccoon River Valley Walk begins at the Michael Mills Memorial Park at S.E. 5th Street in Panora. Registration begins at 8 a.m. with a special ceremony at 9 a.m. The opening ceremony will immediately be followed by the two-mile walk.

Edwards Jones is a national presenting sponsor of the Walk to End Alzheimer's. Dave Grove, an Edward Jones financial advisor based in Panora, and Melissa Loest, an Edward Jones financial advisor in Guthrie Center, were instrumental in getting the local walk scheduled.

Last year's walk was held in September.

"We hope with this August date, we'll be able to attract more Lake Panorama property owners to participate, while also avoiding the start of school and football season," Grove says. "In 2021, we raised over \$20,000 with 80 walkers. We expect to grow both in number of walkers and funds raised this year and have set a goal of \$27,000."

"We lost my grandmother, Kay, to Alzheimer's in early 2019, and last year my family walked in her memory as Team Kay Grove," says Grove. "This year, I am inviting other Lake Panorama property owners to join me for

the 2022 walk, under the name Team Lake Panorama. Those interested in supporting this cause, by walking or donating to Team Lake Panorama, can contact me at djgrove@yahoo.com."

In addition to Edward Jones, the Lakeside Village in Panora and the New Homestead in Guthrie Center have been key supporters.

"The Lakeside Village is proud to be a sponsor of the Walk to End Alzheimer's in Panora this year," says Amanda Creen, Lakeside director. "Lakeside has hosted a variety of fundraisers including Scratch Cupcakes, Krispy Kreme Donuts, the Garage Sale to End Alzheimer's, in addition to selling cold drinks at various town

events this summer. We hope to reach our 2022 fundraising goal of \$5,000. To join the Lakeside Village Walk to End Alzheimer's team, sign up using our link <https://bndfr.com/gxC8C>, or search for Lakeside Village on the Walk to End Alzheimer's website."

Grove says Mel Borgeson, the New Homestead manager, has volunteered countless hours to prepare and organize the event. Other committee members are Terry and Mary Jane Sprague and Mary Jane Carothers.

While there is no fee to register for the walk, all participants are encouraged to raise funds that allow the Alzheimer's Association to provide 24/7 care and support and ad-

vance research toward methods of prevention, treatment and, ultimately, a cure. The Alzheimer's Association is a nonprofit 501(c)3 organization. All donations are tax-deductible as allowed by law.

Every registered participant who achieves the fundraising minimum of \$100 will receive an official Walk to End Alzheimer's T-shirt.

Anyone interested in volunteering to help with the Aug. 13 walk, or who would like to start a team, join an existing team, or make a donation, can get more information and register online at <https://act.alz.org>. Under "Find a Walk," enter the Panora zip code of 50216. ■

ASK *Lake Panorama* TIMES

If you've got questions, we'll find the answers.

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Q: How many people showed up for the Jimmy Buffett party on June 25?

A: There were 380 at the Jimmy Buffett party, which was held at Boulder Beach on June 25. This event has been held for more than 20 years and started as a way for LPA members to socialize. Before COVID, it was a potluck event, with sponsoring families providing grilled hamburgers. This year, those attending were asked to simply bring their lawn chairs, and the committee served cheeseburgers, chips and cookies, with water, beer and margaritas also provided. There were 21 families on the 2022 Jimmy Buffett sponsoring committee that shared the cost of the food and drink. Jon Marckres is the current committee chair. Those interested in joining the committee for the 2023 party can contact him for details at 515-240-1139.

Q: I heard the LPN kitchen staff resigned. Is that true?

A: Yes. Unfortunately, LPN food and beverage (F&B) operations are in a period of transition. LPA and LPN boards have designated a task force to complete a full review of F&B operations with all options being considered for 2023. The strategy of a third-party vendor for 2023 F&B operations is being pursued as the preferred strategy. This direction was shared with F&B staff early in the process to ensure transparency throughout the effort. Chef Bill Moore, along with two cooks, have opted to pursue another opportunity beginning in early July. Their departure is amicable and has been well-coordinated to ensure LPN's event calendar was executed through July 9. LPN management is in the process of coordinating caterers for events that occur after July 9. The immediate effort has been to ensure caterers are lined up for July events. Events that occur later in the year will be contacted by LPN staff shortly to discuss strategies for ensuring a successful event. LPN is committed to ensuring these events can continue without issue, despite changes in the kitchen. If you are the contact person for an event and have questions, feel free to email events@lakepanorama.org.

In addition to ensuring events are successful, LPN is working with food truck vendors to provide for Wednesday through Saturday traffic. Watch for more information about this as a food truck schedule is developed.

Q: I recently had my lawn seeded with a straw mesh overlay. When I remove that, can I take it to the brush dump site? Or how should I properly dispose of it?

A: The straw material may be disposed of in either of the LPA brush dumps, but any plastic mesh or non-organic material will need to be disposed of elsewhere.

Q: I am concerned about how fast boats drive by in front of our dock, especially when we have swimmers there. I see that some residents have floating balls as warning indicators in the water. How do I go about doing this?

A: This question was recently addressed in a Lake Panorama Prompt email about private marker buoy rules. It stated that the Water Safety Committee met on June 20 and recommended a rule addition, and the Board of Directors approved the rule on June 28. Section 5.6(d) now states that LPA members shall be allowed not more than one personal marker buoy per waterfront property. Personal marker buoys shall not extend further from shoreline than the member's dock, shall not have a horizontal diameter of more than 18 inches, and shall be of a high visibility color. LPA requires members with multiple buoys to find a solution to reduce to one marker buoy per property. Enforcement of this rule will follow a period of member education. ■

GUTHRIE COUNTY COMMUNITY FOUNDATION GRANT RECIPIENTS

The Guthrie County Community Foundation recently announced the recipients for 2022 grants. There were 27 groups that received a total of \$197,638. The recipients included Menlo City, city improvements, \$1,150; Boys & Girls Club, Great Futures Start Here, \$6,416.98; Bayard Volunteer Fire, brush truck, \$13,000; Little Panther Day-care, playground and check-in, \$10,000; Main Street Guthrie Center, downtown beautification, \$1,500; City of Stuart, camera upgrade, \$1,000; City of Jamaica, digital sign, \$1,000;

Stuart Fire, air packs, \$11,000; Menlo Fire & Rescue, generator, \$5,082.50; and Stuart Police, communication equipment, \$20,000.

Also, Panora 1st Christian Stitch & Chatter, quilting supplies, \$1,500; Guthrie County Historical Village, Batschelt building new roof, \$2,955; Guthrie Center Fire, generator, \$10,000; Tori's Angels, Docu-sign software, \$5,000; Jamaica Library, general improvements, \$2,000; WCV Youth Football, uniforms, \$4,000; Yale Volunteer Fire, radios, \$4,965; Giv-

ing Incorporated, expansion to Guthrie Center, \$1,250; Guthrie County Extension, daycare STEM kits, \$2,000; Bayard Betterment Foundation, community center, \$10,000; Casey Service Club, park trail improvements, \$10,000; Pleasant Hill Cemetery, tree planting, \$3,600; Panora Parks & Rec, playground equipment, \$10,000; Stuart Rescue, cardiac monitor, \$14,500; CWT Fire Department, pumper truck chassis, \$13,000; Little Charger Early Learning, construction expenses, \$25,000; and Adair Fire, digital radio system, \$7,719. ■

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**Lake Panorama Association
Board of Directors Meeting
May 24, 2022**

The Lake Panorama Association Board of Directors met May 24, 2022, at 5 p.m. at Lake Panorama Association Board Room. Board members in attendance were Mary Jane Carothers, Emily Donovan, David Finneseth, Dennis Flanery, Mark Jorgensen, Rich Schumacher and Dirk Westercamp.

LPA Staff in attendance: Danna Krambeer, Lane Rumelhart, John Rutledge.

Visitors in attendance: Jan Reinecke and Susan Thompson, Friends of Lake Panorama

President Schumacher called the meeting to order at 5 p.m.

Agenda Item 1 - Approval of the Agenda

Carothers moved to approve the agenda. Motion seconded, carried unanimously.

Agenda Item 2 - Open Forum - No one present. Reinecke and Thompson spoke under Agenda Item 4a.

Agenda Item 3 - Consent Agenda

Flanery moved to approve the consent agenda. Motion seconded, carried unanimously.

Consent agenda to include:

- a) LPA General Manager's Report
- b) Approval of minutes from 04.26.2022 LPA Board Meeting
- c) Acceptance of 04.30.2022 consolidated financial report - LPA & LPN, LLC
- d) Set date for next board meeting 06.28.2022
- e) Approval of minutes from the 05.14.2022 organizational meeting of the LPA BOD
- f) Accept minutes from 04.25.2022 LPN LLC Board of Managers Meeting
- g) Accept minutes from the 05.09.2022 LPA Building Codes Committee

Agenda Item 4a - Friends of Lake Panorama - South Shore Multi-Use Recreation Area

Jan Reinecke thanked the board for all their support and help in the past and continued support in the future. Reinecke spoke to the board regarding the development of South Shore multi-use recreational area. The most developed plan is for the disc golf, followed by the walking trails. Plans ensure minimal maintenance would be required and no expectations of weekly grooming or maintenance of the trail would be imposed upon LPA staff. Also discussed is a partnership with Fin & Feather for a walk-up fishing dock. Conservation-related enhancements, such as bird and bat houses, were noted as a possibility. A final project would be a shelter and picnic area around the disc golf and walking trails. Friends is ready to get started on fund raising and requests board ap-

proval to move forward.

The board discussed the projects, maintenance and plans to move forward with the projects. Rutledge and Rumelhart noted the pending south shore rip rap project would likely be completed sometime by summer of 2023, after which the Friends project could proceed.

Schumacher noted he would like to avoid a situation in which LPA maintenance duties were measurably increased. Schumacher noted LPA staff already has a full workload, and he believes we should be aware of this each time a new project is considered.

Carothers moved to authorize Friends to move forward with their plans as outlined, contingent upon final approval from LPA Management regarding final layout and details. Motion seconded and carried.

Agenda Item 4b - Variance Request - Roof Pitch on combined Lot 1435 & 1436 (excluding Parcel A of lot 1436)

Building Codes Committee Guidance follows - Excerpt from the building codes committee minutes:

John Quandt requested a variance to build a home with a 4/12 roof pitch on lot 1435 and 1436 (excluding Parcel A of lot 1436) at 5008 Panorama Drive. Based on the fact that the committee has granted many similar requests this year and the home meets all other requirements, Gebard made a motion to approve the 4/12 roof pitch. Brown seconded and carried unanimously.

Donovan moved to approve variance for 4/12 pitch roof, per proposed plans, on new home construction on combined lots 1435 & 1436 (excluding Parcel A of lot 143), 5008 Panorama Drive, John & Heather Quandt. Motion seconded, carried unanimously.

Agenda Item 4c - Building Code Rule Change, Amend Section 2890.422 to allow for 72" garden fence

Request to change rule to read (underlined is addition)

2890.422 Fences for the purpose of safety or containment may use black or dark green vinyl clad chain link. Fences for this purpose may not enclose an area greater than 10% of the total square footage of the owner's lot. Fences governed under this section may be up to 72" inches in height.

Building Codes Committee Guidance follows - Excerpt from the building codes committee minutes:

Fulton made a motion to add a sentence to the end of section 2890.422 "Fences for this purpose may be built 72 inches tall." Brown seconded and carried unanimously.

Carothers moved to approve the addition of wording to 2890.422, Fences governed under this section shall not exceed 72" inches in height. Motion seconded, carried unanimously.

Agenda Item 4d - Land Sale - Lot 1333

Offer was withdrawn prior to meeting.

Agenda Item 4e - Committee Appointments for 2022 - 2023

The board discussed the recommendation for committee appointments and Board members for each committee.

Building Committee	Term Expires
Kent Brown	2025
Jeff Howe	2025
Andy Harrelson	2024
Jon Marckres	2024
John Miller	2023
Gary Evans	2023
Terry Gebard	2023
Dennis Flanery	LPA Board Member
Dirk Westercamp	LPA Board Member

Water Safety Committee	Term Expires
Dan York	2025
Steven Sidman	2025
Chad Tope	2024
Mike Applesest	2024
Therese McConeghey	2023
Todd Nevenhoven	2023
Marina Tenant - Lyn Coulter	Continuous
Emily Donovan	LPA Board Member
Mark Jorgensen	LPA Board Member

Land Sales Committee	Term Expires
Tom Jeschke	2025
Maureen Lubeck	2025
Charles Schnack	2024
Bob Batschelet	2023
Kathleen DeLucca	2023
MJ Carothers	LPA Board Member
Dave Finneseth	LPA Board Member

Appeals Committee	Term Expires
Dale Behrends	2025
Julie Fulton	2025
Mindy Larsen Poldberg	2024
James Spradling	2024
Pam Johnson	2023

Donovan moved to approve the committee member appointments, as listed with term dates. Motion seconded, carried unanimously.

Agenda Item 5 - Closed Session - The board entered closed session at 6:01 p.m. to discuss legal matters. Board exited closed session at 6:33 p.m.

Agenda Item 6 - Other Business - Rutledge

Donovan moved to approve motion as discussed in closed session. Motion seconded, carried unanimously.

Adjourn - With no further business, the meeting was adjourned at 6:35 p.m. ■

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 641-747-3843

CASEY
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• United Methodist Church
 100 E. Second St., Casey
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7TH BOOK PUBLISHED BY LAKE PANORAMA AUTHOR

Cheryl Mullenbach's latest book is about the female journalists, activists, spies, nurses, volunteers and fighters of the Spanish-American War.

BY SUSAN THOMPSON
Lake Panorama Times

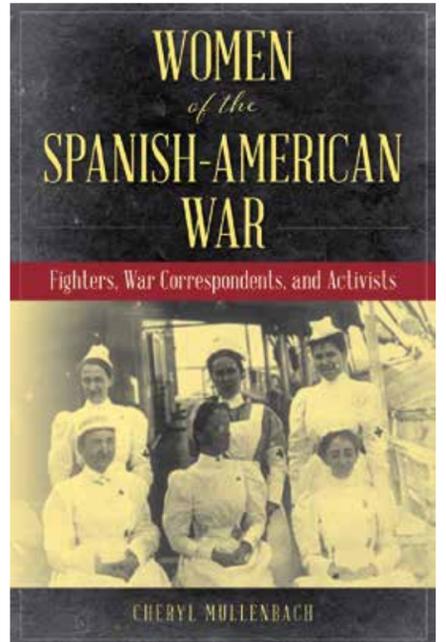
Cheryl Mullenbach, who has previously written five nonfiction books for young people, plus one targeted to an adult audience, had her seventh book released in June. Mullenbach and her husband, Dick Wohlgamuth, have lived on Lake Panorama's Jones Cove for 20 years.



Mullenbach's latest book, "Women of the Spanish-American War: Fighters, War Correspondents, and Activists," is nonfiction and targeted to an adult audience.



Frances B. Johnston and Admiral George Dewey on the deck of the USS Olympia. Admiral Dewey was the American naval commander who defeated the Spanish navy in the Philippines. Johnston was a journalist and photographer involved in documenting historic events and people related to the conflict. Photo credit: Library of Congress



This is the cover of author Cheryl Mullenbach's latest book.



This is a photo of Frances Benjamin Johnston, taken in 1896. Johnston was a journalist and photographer, and one of several women featured in author Cheryl Mullenbach's latest book. Photo credit: Library of Congress

The hardback book, which also is available as a Kindle eBook, is more than 260 pages.

It's about the female journalists, activists, spies, nurses, volunteers and fighters of the Spanish-American War — referred to by the secretary of state at the time as "a splendid little war" because it lasted only four months in 1898.

Most Americans are aware of Teddy Roosevelt and the Rough Riders' role in the war. However, in the quest for shining examples of splendor, high motives, and magnificent intelligence and spirit during the Spanish-American War, the accomplishments of some extraordinary individuals have been overlooked and deserve recognition. This book brings to light the stories of women

who displayed relentless courage and selflessness during the Spanish-American War.

Mullenbach's work has been recognized by the International Literacy Association, and the National Council for Social Studies has included her books in its "Notable Trade Books for Young People." Her book "Double Victory" was listed by the American Library Association in its "Amelia Bloomer Top Ten List." Her talk at the FDR Presidential Library and Museum in Hyde Park, New York, was featured on C-SPAN's "Book TV" series.

She has written six other books — "The Great Depression for Kids;" "The Industrial Revolution for Kids;" "Double Victory: How African American Women Broke Race and

Gender Barriers to Help Win World War II;" "Women in Blue: 16 Brave Officers, Forensics Experts, Police Chiefs, and More;" "Torpedoed!;" and "Stagecoach Women: Brave and Daring Women of the Wild West."

Mullenbach is working on her next book, "Grit, Not Glamour: Female Farmers, Ranchers, Ropers, and Herders of the American West," which will release in 2023. All of Mullenbach's books, including her latest, are available at Amazon and Barnes & Noble, and some independent book stores. Her books also can be checked out from the Panora Library. Her column "Iowa Scrapbook" is a regular feature in the Iowa History Journal magazine. More information is available at her website: www.CherylMullenbachInk.com. ■

RECIPE

A GRILLED TURKEY BURGER THEY WILL ASK FOR AGAIN!

BY JOLENE GOODMAN

Ground beef and turkey are both nutritious meats that provide protein, fat and a variety of vitamins and minerals. Turkey is generally lower in saturated fat than beef. Because of this, it may be a better choice for heart health. Fat-free turkey is also the lowest calorie option if you're interested in weight loss. Understanding the health benefits, I started using ground turkey in many of my recipes quite a few years ago. It works well in lasagna, soups and meatballs. But, I was disappointed when I first tried to make burgers with this meat, which resulted in dry, tasteless discs on a bun. Ground turkey is just better when it is accompanied with a few other ingredients

to enhance its flavor and texture. The egg and croutons help bind the ingredients, and the milk aids in tenderizing the meat. I make up 3-4 batches of these and freeze them (in airtight freezer bags, always) so I am prepared for extra company. Frozen turkey burgers will keep for three months. ■



Jolene Goodman

Jolene Goodman is the advertising director for Lake Panorama Times and vice president of Big Green Umbrella Media.

GRILLED TURKEY BURGER

- 2 pounds lean ground turkey
- 1 egg, beaten
- 1 cup of crushed croutons (any flavor will work!)
- 1/2 cup grated parmesan cheese
- 2 tablespoons milk
- 1 teaspoon Nature's Seasoning (this is my "salt" of choice)
- 8 hamburger buns
- Additional toppings of lettuce, tomato, onion, etc.



DIRECTIONS

- Start grill and warm up to 350-400 degrees.
- Mix together all ingredients. Form 8 patties.
- Grill 3-4 minutes and flip. Grill for another 3-4 for medium-well burgers.
- Serve on a toasted bun with your favorite toppings. Enjoy!

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Q&A: ROLLING INTO PANORAMA DAYS

BY SUSAN THOMPSON
Lake Panorama Times

Jessica Hein began her position as Panora Chamber coordinator in January of this year. She is the daughter of long-time Panora residents Tim and Nancy Holloway and graduated from Panorama High School in 2009. She and her husband, Jack, and their two children moved from Illinois to Panora in 2016 to be closer to family. In this month's Q & A, Hein talks about Panorama Days, which will be Aug. 5-7.

Q. What is the theme for the 2022 Panorama Days, and how was that theme chosen?

A. Our theme this year is "Rolling into Panorama Days." We asked our chamber members to email their submissions, and we had a great response. Everyone had lots of really creative and fun ideas. We then had those who attended the May Chamber meeting choose their top five favorites. Those were emailed to chamber members to cast their votes on the one they liked the most. We felt it was a great way to get the community and chamber members involved in the planning process and really make them feel included.

Q. The three-day event begins Friday, Aug. 5. Give us a rundown of what people can expect on opening day.

A. The opening day of Panorama Days will include an afternoon cribbage tournament and signup for the Little Miss and Mister contest. The cakewalk for kids also will be on Friday. The Mainstreet Dance Studio performance and the Bill Riley Talent Show will be that evening, both from a stage in the town square. There also will

be various vendors open beginning at 4 p.m., plus the regular Square Friday farmer's market. A "Cruise the Loop" event also is being organized.

The first day will wrap up with music from the Charm School Dropouts, a great cover band that plays all sorts of music from the 1980s to the present. This will be on the street in front of the gazebo and is a free event, just BYOB and lawn chairs.

Q. Saturday is a full day of events, please highlight some of the key things planned.

A. Saturday starts early with a bass fishing tournament on Lake Panorama beginning at 5:30 a.m. and running to 1:30 p.m. Registration is at the marina at 5 a.m. for this event sponsored by Lake Panorama Fin and Feather.

The traditional pancake breakfast will be available in the Community Center from 7 a.m. to 12:30 p.m. The Panorama Days 5K Run, sponsored by Reshape Fitness Studio, begins in front of the library at 8 a.m. The Kid's Warrior Run for ages 10 and younger is at 9 a.m.

Parade registration starts at 9 a.m. at the Panorama Elementary School, with the parade at 10 a.m. The Panora Citizen of the Year and parade category winners will be announced in the gazebo following the parade. The cutest baby contest will begin at 12:30 p.m.

A kid's zone will be open from 11 a.m. to 4 p.m. Bingo will be in the community center 1-3 p.m., hosted and sponsored by Guthrie County State Bank. The Panorama alumni banquet will begin at 5 p.m. at the community center.

The Lake Panorama ski team show will begin at 2:30



Jessica Hein

p.m. with a viewing area on the hillside of the lake's south shore. The Port will offer live music beginning at 9 p.m., and the Lake Panorama Association will present its annual fireworks display from the south shore at dusk.

Q. Things wrap up on Sunday morning, Aug. 7. What is on the schedule for Sunday?

A. A breakfast at the Community Center will be served 8 a.m. to noon. The kids' fishing derby, sponsored by the Lake Panorama Fin and Feather, will be 9-11 a.m. at the Lake Panorama marina, with registration at 8:15 a.m. A golf tournament to raise money for the annual alumni banquet will be held that afternoon at the Panorama West golf course.

More information and updates on the 2022 Panorama Days activities will be available soon on the Panora Chamber website, plus our Facebook page @panorachamber.

Q. Do you still have room for vendors and volunteers?

A. Absolutely! Anyone inter-

ested in becoming a vendor can find the forms on our website at www.panorachamber.org.

As for volunteers, because Panorama Days is such a large event, we always welcome volunteers for any amount of time they can give throughout the weekend. Anyone interested in volunteering an hour or two of time can email panorachamber@gmail.com for a list of activities for which we need some help. We also have a list of sponsorship opportunities if there is a business or individual who would like to contribute a service or monetary donation towards prizes given out during the weekend festivities.

Our Panorama Days committee has been hard at work getting the plans together for this year. As a chamber-managed event, we always welcome anyone who would like to participate in the planning process as well as the days of the event. Just like our other committees,

you may sign up to volunteer at any of our Panora Chamber meetings, which are open to the public the third Monday of each month.

Q. How is Panorama Days funded?

A. The Panora Chamber relies heavily on fundraising throughout the year, as well as public donations. Contributions from our local businesses make it possible to have all these great events. The annual golf tournament this past May was a great contributor to our fundraising as we try to grow each year to bring new and interesting activities to the Panora Days celebration. Donations are always welcomed and can be sent by check to P.O. Box 73, Panora, Iowa, 50216. Please be sure to include "Panorama Days donation" in the memo. Donations also can be made electronically using Venmo @panora-chamber. ■



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PHARMACY OFFERS BIG-TOWN SERVICE WITH SMALL-TOWN FRIENDLINESS

Panora Medicap Pharmacy Manager Andrew Knorr and his family have lived at Lake Panorama since 2016.

BY SUSAN THOMPSON
Lake Panorama Times

Andrew Knorr has been the manager of the Medicap Pharmacy in Panora since May 2016. He confesses he didn't grow up thinking he wanted to be a pharmacist. In fact, as a Dallas Center-Grimes senior, he didn't have any idea what he wanted to pursue in college. Many of his friends were going to Iowa State University, so he applied there.

It was in a chemistry class in 2003 where the idea of becoming a pharmacist first came along. Walgreens had provided information about the pharmacy industry, which was shared in that class, and he thought this might be a career that would interest him. He had friends who were in the Drake University pharmacy program, so he applied there and was accepted into the two-year pre-pharmacy program.

That was followed by four years in Drake's College of Pharmacy. He graduated in 2009 and was hired by GRX Holdings, which owns 22 Medicap pharmacies in central Iowa. He started at the Medicap in Grimes, before becoming a staff pharmacist at the Norwalk location for six years.

Knorr told his supervisor if the Panora store ever became available, he'd be interested. That's because his grandmother, Leona Knorr, built one of the first cabins on Lake Panorama's Horseshoe Cove in the early 1980s.

"I grew up on the lake, visiting her from the time I was a child until she sold the property right before I graduated from high school," Knorr says. "As my friends graduated from college, most bought themselves a car. But when I graduated from pharmacy school in 2009, I bought a boat."

That boat is the 2007 Mastercraft he and his family use today as they wakeboard, surf and ski on Lake Panorama. His wife, Jaimee, is an MRI technician for Iowa Radiology in Clive. They have two daughters, Kennedy, age 6, and Everly, age 4. Kennedy is already wakeboarding and skiing. For now, Everly prefers tubing. Jaimee enjoys surfing, and Andrew prefers to wakeboard.

The family lived in Waukee from 2008 until 2016, when they moved into a house they built on Lake Panorama's west side. Jaimee's parents, Kurt and Joyce Johnson, live nearby.

The Panora Medicap has seven employees, including Knorr. A pharmacist must be present when prescriptions are dispensed, so Knorr is joined by pharmacist Tricia Steffen on Mondays, which are busy days. She also works Wednesdays, and Knorr and she alternate Saturdays. Knorr and Steffen administer all shots. Other employees are pharmacy technicians, who handle new and refill prescription orders and other tasks in the store, plus one cashier and one delivery driver.



Andrew Knorr has been manager of the Medicap in Panora since 2016. The pharmacy, which is located on the east end of town, has seven employees, including him.

The Medicap motto is "We'll always make time for you." Knorr says while the COVID pandemic closed the doors of the pharmacy for a time, except for drive-thru pick-ups, it gave him the chance to focus more on patient care.

"Our business numbers didn't change much, because people still needed their regular prescription medications," he says. "But we became even more focused on being a true community pharmacy, not just a business that dispenses medications."

"We had always offered free delivery of prescriptions in Panora," he says. "But COVID led us to expand to nearly all of Guthrie County. Now we offer free delivery to Guthrie Center, Yale, Bagley, Jamaica and Linden."

"We're in the process of making some changes in our work flow, allowing technicians to refill and verify prescription medications more often," Knorr says. "This gives me more time to talk with patients as they pick up their prescriptions, to ask how the medication is working, and if there are any side effects that concern them."

Knorr says pharmacists generally

see patients more often than their doctors do.

"That means we have the opportunity to help them make sure the medications doctors have prescribed are working as planned. For instance, patients on blood pressure medications can get regular blood pressure checks from us, and we can relay that information to their doctor," he says.

Another impact the COVID pandemic had at Medicap occurred when vaccines first became available.

"It was a trying time in the beginning, getting people scheduled, excess work related to billing, making sure only people who were eligible at the time were getting the vaccine, and administering the shots," Knorr says. "But it also was a rewarding time for us, because so many people thanked us for helping them get some protection from the virus."

In the past, most vaccinations happened in a doctor's office. The trend in recent years, even before COVID, was for shots to be given at pharmacies.

"This provides easier access to care for patients and, in some cases, better outcomes. For instance, the CDC recommends flu shots be given in late September into the middle of October. But if someone sees their doctor in August, they might get the flu shot then. The shot provides just three to four months of immunity, so getting it too early may not get them through the flu season," Knorr says.

The most common shots now given at Medicap in Panora are for COVID, flu and shingles. But Knorr says they can get almost any vaccination a patient needs, including pneumonia, tetanus, hepatitis, meningitis and more.

As for the prescription meds kept on shelves in the store, Knorr says most common medicines generally are on hand when needed.

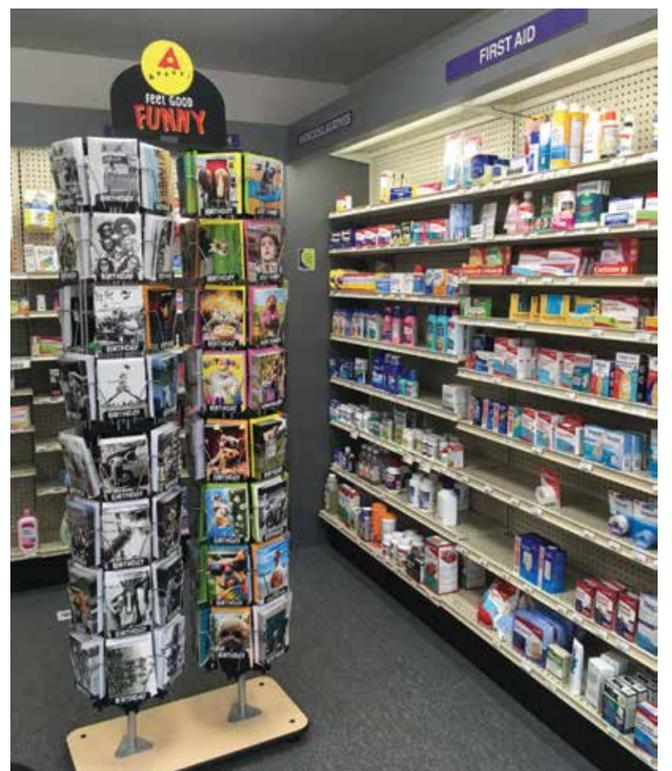
"We have about 1,000 different prescriptions and medications on our shelves. There are maybe five times each day when a prescription is requested that we don't have on hand, but we can almost always get it the next day," he says. "Our computer software allows us to do predictive ordering, which covers most refill requests we get."

Besides dispensing prescription medications, there is a retail area that provides many over-the-counter items for allergies, pain, first aid, skin care and much more. Greeting and sympathy cards are available, as are rental equipment such as crutches, knee scooters and walkers.

A display of shoes for those with



Tricia Steffen graduated from the University of Iowa College of Pharmacy in 1996 and now works part-time at Medicap in Panora. She and her family live at Lake Panorama.



Besides dispensing prescription medications, the Medicap in Panora offers a wide selection of over-the-counter health products, greeting cards, first aid items and other retail products.

diabetes is in one corner.

"We don't sell a lot of those, but it's a nice service to have for people who are diabetic," Knorr says. "Medicare covers a new pair of shoes each year for those with diabetes, plus three insoles, because these shoes and insoles have proven effective in keeping feet healthy."

Panora is smaller than most of the towns where Medicap pharmacies

are located.

"I like that we're in a small community where we know the people who come in our doors and that they appreciate the services we can provide," Knorr says. "Our goal is always to provide exemplary care to all of our patients and to find ways to better serve the people of Panora, Lake Panorama and surrounding communities." ■

LAKE PANORAMA RESIDENT LAUNCHES NEW BUSINESS

Lee Anne Howe, who has been a local Realtor for two years, now is the owner and managing broker of LakeHowes @ Lake Panorama. Howe moved from South Carolina to Iowa after marrying Jeff Howe. She missed the water and boating offered by her native state, so the couple moved from Glen Oaks in West Des Moines to Lake Panorama three years ago.

Howe's career in real estate began with her passion for interior design and architecture. Formerly national sales director for subsidiaries of L'Oreal and Unilever in South Carolina, Los Angeles, and New York, she began her real estate career at Prudential Carolinas Realty in Charleston, South Carolina, where she was recognized as Rookie of the Year. Howe says her new brokerage firm specializes in luxury lake properties, design challenges, staging and negotiating.

Howe says she and Jeff are fortunate to be part of the Lake Panorama community that enriches the lives of its members and shares a sense of trust, connection and caring for one another. To extend their gratitude, they donate a portion of every sale and every referral that leads to a sale to local organizations, such as local churches, Friends of Lake Panorama, Fin & Feather and the Panora Garden Club. ■



Lee Anne Howe

LAKE PANORAMA DOG PARK NOW OPEN

BY SUSAN THOMPSON
Lake Panorama Times

The Lake Panorama dog park has been open since June 10, and dogs and their owners are loving it. It is open daylight hours only, seven days a week. The main entrance gate requires an access code. Park users must call LPA Security to get the code. The LPA Security phone number is 641-757-9035.

There are two separate gates inside the main gate. The large dog area is for dogs at least 15 inches at shoulder height. The small dog area is limited to dogs less than 15 inches at shoulder height; larger dogs are prohibited. Signs are posted on each of the three gates.

There are two signs near the main entrance gate. One is a list of rules for dog park users to follow; the other recognizes donors who gave \$500 or more to make the dog park possible.

In each section, there is a picnic table, two dog waste bag dispensers, one water bowl, and one receptacle for pet waste bags. The water bowls fill by pushing a button on the side; the water drains out over 90 seconds. Two sugar maple trees were planted last fall, donated by Larry and Heather Isom, who own Isom Tree Farm.

The dog park is located at the corner of Sage Trail and East RV Road, near the east campground. There is a rockered parking area on the east end for users. The dog park was financed by \$50,000 in donations through the Friends of Lake Panorama. ■



This sign is on the main entrance gate to the Lake Panorama dog park. Those who want to use the dog park must first contact LPA Security to get the access code to enter.



These two kids and their dogs enjoyed time in the large dog side of the Lake Panorama dog park June 26. Danica Isom holds on to Loki, while Clint Isom holds on to Odin. Danica and Clint are the children of Larry and Heather Isom, who donated the sugar maple trees at the dog park.



Ann Rutledge



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TRISH HART'S NATURE PHOTO OF THE MONTH



SPRING WILDFLOWERS

BY SUSAN THOMPSON
Lake Panorama Times

Trish Hart is well known for the photos she takes of the large variety of birds that visit the feeders on the deck of the Lake Panorama home she shares with her husband, Scott. But she also enjoys taking photos of other things Mother Nature has to offer.

Hart says the couple routinely takes "ranger rides" — which means they spend time slowly driving around Lake Panorama on their Polaris Ranger side-by-side utility vehicle, checking out the scenery.

"I captured this Sweet William image one afternoon this spring when Scott and I were on one of our rides," Hart says. "It was growing in a large area just off Panorama Drive up in the Narrows area, and the beautiful color really caught my eye."

Sweet Williams grow wild and produce loose clusters of blue to blue-violet, star-shaped flowers early in the spring. The flowers of this native perennial are sweetly scented and provide nectar for hummingbirds and butterflies. These generally are found in forested areas and spread when seeds from the blossoms fall to the ground.

Hart offers custom prints of her nature photos on canvas, paper, metal and glass. For more information, visit [NaturesCanvasPhotos](#) on Facebook. ■

PANORAMA WEST 2-GAL TOURNAMENT HOSTS 70 PLAYERS

BY SUSAN THOMPSON
Lake Panorama Times

The Panorama West women's golf league hosted a 2-gal best-shot tournament Tuesday, June 14. A total of 35 teams participated, with players from Panora, Guthrie Center, Jefferson, Audubon and surrounding communities. The tournament theme was "When Golf Gives You Lemons."

Lemon-themed decorations were used in the clubhouse and on the golf course. Eighteen centerpieces, given away as raffle prizes, were potted kalanchoe plants with blossoms of yellow and white.

Annie Johnston won one of the special events, which involved hitting a shot closest to the cardboard lemon near the green on the second hole. Elma Schrader won longest putt on the seventh hole, and Amy Snowden won longest drive on the ninth hole.

Cash prizes were awarded to the top three teams in five flights. Winners of the championship flight were Mare Langel and Gretchen Wilhelmi with a score of one-over-



Mare Langel and Gretchen Wilhelmi won the championship flight in the Panorama West 2-gal golf tournament June 14.

par 28. The teams of Sharon Wedemeyer and Kathy DeLuca, and Carol VanKirk and Teresa Newman, both scored 29. Wedemeyer and DeLuca won second place on a scorecard playoff with VanKirk and Newman taking third.

The tournament was followed by a buffet luncheon at the Panorama West Clubhouse, catered by Lake Panorama National.

Tournament committee members were Emily Spradling, Mary Kay O'Grady, Coop Rickert, Julie Wykoff, Nini Von Bon and Linda Wendl. ■

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BIG GREEN UMBRELLA MEDIA BUYS TIMES VEDETTE

Lake Panorama Times and Times Vedette are again under common ownership.

The Guthrie County Times Vedette has been sold. The newspaper, which has roots in the county dating back more than a century, has a new owner effective July 1, 2022. Steve Delaney, who has owned the paper since July 1, 2019, has sold it to Big Green Umbrella Media, Inc. of Johnston.

Shane Goodman is the founder and owner of Big Green Umbrella Media, which publishes CITYVIEW magazine, 13 Iowa Living magazines in the Des Moines suburbs and the Lake Panorama Times, as well as a number of other publications, websites, events and digital offerings.

"I am pleased to bring this newspaper into our family of locally owned publications," said Goodman. "I have great confidence in the people of this county, and I look forward to getting to know even more people here."

Goodman purchased the Lake Panorama Times in 2020, about the time when the COVID-19 pandemic hit.

"It wasn't the best timing, but we made it work," he said. "The Lake Panorama Times fit with what we do, and we believe the Times Vedette will as well."

Delaney will remain with the newspaper through July and says he will assist as needed to ensure a smooth transition.

"It's important to Times Vedette readers to work to ensure a seamless transition. Ownership of a newspaper can change, but its mission is the same, and we'll

work together for the next few weeks to make that happen," Delaney said. "As for my future, I'm planning to move to the eastern side of Iowa, closer to Dubuque, where I have family."

Goodman and his wife, Jolene, have been Guthrie County homeowners at Lake Panorama since 2020 and have spent much of their time in the county since.

"We love it here," said Jolene Goodman. "And we want reasons to be here more."

Jolene serves as Big Green Umbrella Media's advertising director and oversees the sales operations, which include nine salespeople. She says Stormy Miller will continue with the Times Vedette, as well as the Lake Panorama Times. Miller had been working for both papers in advertising sales through a unique sharing agreement.

"We appreciate the relationship we had with Steve and the Times Vedette in the past, which allowed Stormy to work for both of us," said Jolene Goodman. "She is an important part of our staff, and we look forward to working more closely with her in months ahead."

Miller and her husband, Sam, are expecting their first child in July, but Jolene Goodman says they will work to cover the bases in her absence and look forward to her returning to work.

Shane Goodman says he will be reaching out to those who have served as freelancers or contributors to the paper as well. He



Steve Delaney of Delaney Media congratulates Shane Goodman of Big Green Umbrella Media on the purchase of the Guthrie County Times Vedette.

is also looking to hire additional writers and photographers. Those interested should reach out to him at 515-953-4822, ext. 305 or

shane@dmcityview.com.

"Change is inevitable," said Goodman. "But don't expect any big changes to the newspaper

right away. It will be business as usual while Steve teaches us the ropes and we work through the learning curves." ■

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PANORA GARDEN CLUB LAKE TOUR IS A SUCCESS

More than 240 people toured Lake Panorama on pontoons June 29.

BY SUSAN THOMPSON
Lake Panorama Times

A new fundraising project for the Panora Garden Club received an enthusiastic response, with more than 240 people touring Lake Panorama on pontoons June 29. It was a sunny, breezy day as 11 pontoons were used for the 75-minute lake tours. Two to three pontoons left from the Boulder Beach docks every half-hour from 9 a.m. until 2:30 p.m.

A total of 22 trips around the lake were made with each loaded pontoon heading north from Boulder Beach, then cruising through Helen's Cove and Burchfield Cove. When the pontoons reached the Narrows, they turned back south, making loops through Jones Cove and Horseshoe Cove before heading to the main basin. The groups then visited Hughes Cove before looping back to Boulder Beach.

Tickets were \$20. Brochures were distributed that included some history of both Lake Panorama and the Panora Garden Club, a map of the lake and details of current garden club projects.

Besides the pontoon rides, participants received some garden "swag" that included gloves, a packet of flower seeds, sunblock, water bottles and more. Several vendors were set up under shade trees and one of the beach shelter houses. Two food vendors offered doughnuts, sandwiches, drinks, ice cream and more.

Members of the Panora Garden Club planned the event and worked throughout the day in various capacities. Husbands of club members captained pontoons and helped load and unload passengers. They also helped catch and launch the pontoons at the docks, which was a challenge in the strong south wind.

JoAnn Johnson, who co-chairs the Panora Garden Club this year with Paulette Chambers, says the money raised will help the club with ongoing projects. Those include the bright blue pots filled with flowers throughout the Panora business area, the new pink petunia trees flanking the gaze-



Roger Zirkle of Panora had a large display of his wood carvings at Boulder Beach during the Panora Garden Club fundraiser. Between customers, he continued to carve a new piece in the shade of his trailer.



Pat Brown of Carroll and her sister Karen Schechinger of Adel are shown with their display of garden art for sale. Brown said the two sisters grew up with six brothers, so they've always been close. They each work on their own craft projects but set up at shows together. Their cards list their business as "2 Sisters Garden Art." They feature planters, metal work and wooden barn quilts.



Lori Hammer and Jody Muench managed the advance reservations and ticket purchases for the pontoon tours.



More than 240 people toured Lake Panorama by pontoon June 29 as part of a Panora Garden Club fundraiser.

bo steps, the planters at Michael Mills Memorial Park and the Raccoon River Valley Trail, and the revitalization of Heritage Park on the north edge of Panora.

"This was a great opportunity for the Panora Garden Club to help showcase Lake Panorama and the Panora community," Johnson says. "We had a lot of out-of-town participants who really enjoyed their chance to see Lake Panorama from the water. We hope they also took time to visit our wonderful Panora businesses." ■



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LAKE PANORAMA RESCUE DOG ATTAINS HALL OF FAME STATUS

Wayne and Deb Russell's dog, Jenni, has retired from agility competitions.

BY SUSAN THOMPSON
Lake Panorama Times

Lake Panorama Times readers may remember one or more of the stories I've written about Jenni, a rescue dog owned by Wayne and Deb Russell, who have lived in a home on Burchfield Cove for more than 20 years. Now it's time to report Jenni has retired from agility competitions, after reaching Hall of Fame status.

I first introduced you to Jenni in February 2015 with an update in November 2016 and another in June 2019. The Russells discovered Jenni abandoned at the Perry dog park and adopted her. Jenni has the face of a Black Lab but is smaller and leaner. A veterinarian said she probably is part whippet, which are extremely fast dogs.

While attending obedience classes with Jenni, Deb watched a nearby dog agility training session and decided she'd like to try it. Deb and Jenni took a foundation agility training class, which launched them into national competition.

Agility training takes place on an obstacle course where the owner directs the dog off-leash. There are a variety of obstacles including weave poles, A-frames, tunnels and jumps. The goal is to complete the obstacles in the shortest time without making a mistake.

Jenni and Deb have been competing at trials sanctioned by the North American Dog Agility

Council (NADAC). NADAC offers three levels of competition — novice, open and elite. Jenni worked her way through the first two levels of competition in two years and has been running in the elite category since.

In the elite category, the points a dog receives for each run counts towards earning the NADAC Agility Trial Championship Award (NATCH). Once a dog reaches a set point level in each of three categories, a NATCH is earned.

Jenni won her first two NATCH awards in May 2019 in a competition in Louisville, Kentucky. A dog must win five NATCH



Wayne Russell created this display wall in the couple's guest bedroom for Jenni's awards and memorabilia. The five large ribbons on the lower jump bar are from the five national championships Jenni has won, which made it possible for her to be inducted into the North American Dog Agility Council Hall of Fame in May. The ribbons across the top are special titles Jenni won, with 17 from the 17 states where she competed.



Deb Russell, on the right, and her dog Jenni are shown in Kansas City, Kansas, at Dogs on Q. It was at an agility trial there in May 2022 that Jenni won her fifth national award and was inducted into the North American Dog Agility Council Hall of Fame. Presenting the ribbon and a decorated jump bar to Deb and Jenni is Pam Graves, president of the Dogs on Q Agility Club.

awards to qualify for the NADAC Hall of Fame. Jenni picked up her next three NATCH awards in Kansas City, Kansas, at an agility dog club trial called Dogs on Q.

The third award was won in March 2020, right before COVID shut down so many things, including dog agility competitions. It took until July 2021 for Jenni to win her fourth NATCH award, with her fifth one coming May 28 of this year.

Deb says now that Jenni has reached Hall of Fame status, she is retired.

"Wayne has taken down all of her agility equipment from the yard; no more moving around it

for him," Deb says. "Yet we will probably pop into some agility trials sometimes, to let her do a couple fun runs, and I can see my friends."

Wayne and Deb enjoy traveling, so taking Jenni to competitions became a big part of their retirement. Jenni and Deb now have competed in 17 different states.

"We have met some incredible people over the last eight years, and Jenni still loves it. She ran 6.08 yards per second in one of her runs in late May. Not too bad for a 10-year-old rescue dog," says Deb. "It has been a blast!" ■

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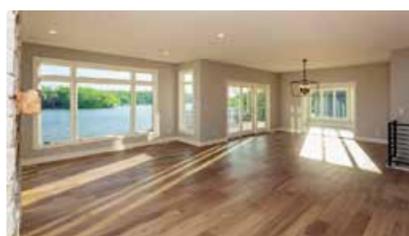
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10 SQUARED WOMEN PRESENT SECOND QUARTERLY CHECK OF 2022

A total of \$11,000 was designated to Imagination Library/Our Community Health Foundation.

The 10 Squared Women of Guthrie County held their second quarter 2022 meeting on May 24. Three organizations were presented to the group.

Karen Benton spoke on the Pleasant Hill Cemetery, which is west of Guthrie Center and sustained extensive damage from the powerful August 2020 derecho and is in need of many repairs and replanting of lost trees.

Kathy Miller presented on behalf of Panorama P.E.T.S., which has many cats and dogs in its care available for adoption. Since the pandemic began, many of their fundraisers had to be put on hold.

Maggie Armstrong spoke on behalf of the Imagination Library, which is sponsored by Our Communities Health Foundation.

After hearing all three presentations, the group announced a lump sum of \$11,000 to be presented to Imagination Library/Our Community Health Foundation. This consists of 10 Squared Women member donations and several employer matches.

Our Communities Health Foundation is a new 501(c)3 established by Guthrie County Health Services to help offer more

opportunities like Dolly Parton's Imagination Library in Guthrie County. Each month, the Imagination Library mails a high quality, age-appropriate book to all registered children, addressed to them, at no cost to the child's family.

The Dolly Parton's Imagination Library Program launched in Guthrie County in February of this year with a \$2,000 grant from the Panorama United Methodist Church as part of the church's "Change a Child's Story" mission program. That grant made it possible for the program to launch in the Panorama Community School District. The 10 Squared Women's grant has enabled the program to expand to most of Guthrie County, and hopefully soon, through additional donations, it can expand to all of Guthrie County.

Jotham Arber, executive director of the Guthrie County Public Health office, said, "We know education, literacy and health outcomes in a community are intertwined, so investing in a child's literacy is investing in a healthier child and, ultimately, a healthier community. Our kids are the future of our communities. The more we can do for our children's literacy, the

healthier and brighter our future will be. The support from 10 Squared Women allows us to expand and reach more Guthrie County children." Additionally, Jotham stated, "The foundation also thanks all individuals and community service organizations who have donated."

Children can be signed up beginning at birth (through age 5) on their website: www.OurCommunitiesHealthFoundation.org. It costs \$25.10/year to support a child in the Dolly Parton's Imagination Library Program, but books are delivered free to children. Interested individuals or community service organizations can contact Guthrie County Health Services at 641-747-3972 to request an informational program for their organization or to learn more.

10 Squared Women is focused on helping and donating to local organizations that vow to put those funds to work, right in our backyards. The funds are used in various projects to benefit Guthrie County community's projects and residents. To date, the group has donated \$239,450 since inception in 2017.



Jo Rasmussen, Jan Mueller, Peg Snyder, Jotham Arber, Bill McDermott and Dr. Steve Bascom

The 10 Squared Women's group holds meetings quarterly, typically at Lake Panorama Conference Center, the fourth Tuesday in February, May, August and November, subject to change. The next meeting for 2022 will be on Tuesday, Aug. 23. Members in attendance hear from three nominated organizations, drawn from "the hat" of member-nominated organizations at random, and

vote on the winning cause that night.

The group currently has approximately 109 members, 20 organizations nominated and strongly encourages additional philanthropic organizations and new members to come forward. These have included cities of Yale and Jamaica park improvements, City of Bagley library project, Daycare and Preschool programs in

Adair and Guthrie Center (Little Charger) and Panora (Little Panther), Guthrie Center and Panora Fire Departments, school backpack programs at AC/GC, West Central Valley and Panoramia, as well as programs that benefit residents from all corners of Guthrie County: Guthrie County Helping Hands (habitat for humanity projects in Stuart, Casey, Guthrie Center, Adair, Panora, Yale, Menlo, Jamaica, and Bagley), New Opportunities, Panora P.E.T.S., Guthrie Activity Center, Tori's Angels Foundation, Guthrie County Sheriff's Chaplains, Guthrie County Historical Village Foundation, Guthrie County Hospital Foundation, Guthrie County Arts Council, St. Thomas More Center, Guthrie Center Christmas Lights project, Guthrie Center Revitalization, Panora Garden Club, and now, Imagination Library - Our Communities Health Foundation.

10 Squared Women members are encouraged to talk to their friends, neighbors and family about the group and to share the group within their social circles. Members are not required to attend meetings, however, in order for their vote to count, must be in attendance at the live meeting or virtually. All members are expected to write their donation checks whether they can attend the meeting and vote or not.

One newer (and generous) member is so excited about what the group is doing, she presented a challenge for existing members for the May meeting. She paid for the first \$100 worth of drinks and offered a drawing for two \$25 gift cards to Bella Sorella. For each new person brought to the meeting, the member and the guest each had their name put into the drawing. There were four new members in attendance. Congratulations to Amy Johnson and Sue Merryman for winning the gift cards. Any 10 Squared members willing to step up for the third quarter are asked to reach out to the organizers.

Members are encouraged to reach out to their networks with invitations. The group is continuously looking for new members who are excited about helping their communities and Guthrie County. To learn how to get involved, you can visit their Facebook page at <https://www.facebook.com/10squaredwomengc>, or email them at 10squaredgc@gmail.com. Membership forms and frequently asked questions can be found on their Facebook page or by contacting them through Facebook or email. ■

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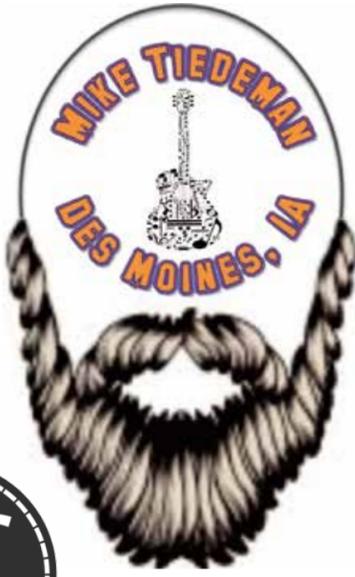
BY SUSAN THOMPSON
Lake Panorama Times

One of the few good things that came out of the COVID-19 pandemic in 2020 was Lake Panorama lakefront property owners hosting live music events from their back decks, yards or docks. One such event was held July 3, and three more are planned in the coming weeks.

On Saturday, July 16, a few residents of the Sunset Ridge Condo Association, which is on the main basin south of The Port, have joined together to host a live music performance. Mike Tiedeman of Des Moines will play guitar and sing from 8-10 p.m. Boaters are encouraged to anchor lakeside near the Sunset Ridge Condos. From land, the address is 5447 Chimra Road. Tiedeman performed at the same location last July.

The following Saturday, July 23, Jamie and Ellen Pollard invite guests to drop an anchor near the mouth of Jones Cove and enjoy a free concert by Brian Congdon. Congdon also performed from the Pollard's dock in 2020. He offers a mix of alternative, country, rock and sing-along hits, and he will take requests. Congdon will perform from 8:30-10:30 p.m. From land, the address is 6354 Panorama Drive.

Two weeks later, on Saturday, Aug. 6, Damon Dotson and his band will be performing 7-10 p.m. at the entrance to Burchfield Cove. This event is being hosted by Mac and Theresa McConeghey and Craig and Judy Hansen and will be held at the McConegheys' at 4361 Panorama Drive. Guests can come by boat and anchor in Burchfield Cove, or bring a lawn chair to sit on the grass near the band. ■



LAKE DOG

By CHERYL TEMPLE
Lake Panorama Times



Name: Bailey
Age: 13
Breed: Mini Golden Doodle
Owners: Keith and Tanya Wilhite and daughters Carrie and Breanne.

Bailey enjoys rides in her family's pontoon, watching the birds, and, of course, chasing the squirrels from the deck of her owners' home. Bailey also enjoys spending time with her grandpup parents Darwin and Janet Luig, who also live at the lake. Bailey is pictured with Carrie, living her best life on Lake Panorama. ■

Suggest Lake Panorama residents and their pets for us to cover on the Lake Panorama - Lake Dogs and Cove Cats Facebook page



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